

Care of Medicines – Foundation Module

Accredited by the College of Pharmacy Practice to national minimum standards and written to meet the skill set laid out by Skills For Care.

The course is aimed at care home workers and covers the following:

- what is a drug?
- what is medicine?
- legislation and medication
- journey of a medicine
- legal categories of medicine
- a representation of an NHS prescription
- a representation of a private prescription
- a representation of a label
- directions
- the five rights of administration
- giving the medicines
- gastro-intestinal tract
- how medicines act in the body
- types of medicines
- systemic medicines
- topical medicines
- applying topical medicines
- transdermal patches
- inhalers
- other routes of administration
- side effects
- self administration
- the law
- verbal instructions for dosage alteration
- storage
- medication administration record and request (MARR)
- emergency supplies
- homely remedies

At the end of the training there is a multi-choice assessment exercise and a certificate upon successful completion.

Care of Medicines – Domiciliary Care Module

Accredited by the College of Pharmacy Practice to national minimum standards and written to meet the skill set laid out by Skills For Care.

The course is aimed at assisted living/domiciliary care workers, typically from agencies, and covers the following:

- risk assessment
- self administration
- what is a drug?
- what is a medicine?
- legal categories of medicines
- a representation of the front of an NHS prescription
- a representation of the back of an NHS prescription
- a representation of a private prescription
- a representation of a label
- directions
- the five rights of administration
- gastro-intestinal tract
- how medicines act in the body
- types of medicines
- systemic medicines
- topical medicines
- applying topical medicines
- transdermal patches
- inhalers
- other routes of administration
- side effects
- importance of medication reviews
- the law
- medication administration record and request (MAR)
- verbal instructions for dosage alteration
- storage
- giving the medicines
- refusal of medication
- homely remedies

At the end of the training there is a multi-choice assessment exercise and a certificate upon successful completion.

Care of Medicines – Advanced Module

Accredited by the College of Pharmacy Practice to national minimum standards and written to meet the skill set laid out by Skills For Care.

The course is aimed at senior carers and nursing home workers, and covers the following:

- major parts of the body
- the heart
- the lungs
- the brain
- the gastro-intestinal tract
- the liver
- induction of liver enzymes
- inhibition of liver enzymes
- the kidneys
- therapeutic index
- half-life
- steady-state
- potency
- definition of ‘age’
- the elderly
- sources of information
- what are adverse drug reactions (ADRs)?
- reporting ADRs
- drugs commonly involved in ADRs
- who is most at risk from ADRs?
- identifying ADRs
- types of ADRs
- differences in Type A and Type B ADRs
- how to reduce ADRs
- dealing with ADRs
- what are drug interactions?
- types of drug interaction
- structure-activity relationships
- drugs commonly involved in interactions
- OTC interactions
- case studies

At the end of the training there is an individual action plan to complete and a certificate upon successful completion.

Care of Medicines – Mental Health Module

This module is not accredited.

The course is aimed at carers for people with mental health issues and covers the following:

- what is anxiety?
- causes of anxiety
- effects associated with anxiety
- treatment of anxiety
- what is depression?
- types of depression
- what are the symptoms of depression?
- how common is depression?
- possible causes of depression
- treatment options
- how long do you take antidepressants for?
- why antidepressants may not work
- electroconvulsive therapy
- depression and suicide
- what is bipolar disorder?
- who is likely to suffer from the disease?
- how is the disease caused?
- what are the symptoms?
- drug treatment of bipolar disorder
- lithium management
- what is dementia?
- causes of dementia
- Alzheimer's disease
- vascular dementia
- dementia with lewy bodies
- effects of dementia
- non-drug treatment
- drug treatment
- what is schizophrenia?
- acute and chronic schizophrenia
- treatment of schizophrenia
- psychotherapy and living skills tuition
- traditional antipsychotics
- traditional antipsychotic side effects
- depot and atypical antipsychotics
- side effects: atypical antipsychotics
- choice of antipsychotics

At the end of the training there is a multi-choice assessment exercise and a certificate upon successful completion.

Care of Medicines – Diabetes Module

This module is not accredited.

It is aimed at carers of diabetics, both in a home and domiciliary setting, and covers the following:

- incidence/prevalence
- myths & misconceptions
- Type 1 v Type 2
- what does insulin do?
- symptoms of diabetes
- at risk groups
- diagnosis of diabetes
- living with diabetes
- diet
- 10 steps to eating well
- managing weight
- physical activity
- oral medication
- biguanides
- sulphonylureas
- prandial glucose regulators
- alpha-glucosidase inhibitors
- thiazolidinediones (glitazones)
- insulin: storage
- insulin types
- insulin: side effects
- insulin delivery devices
- care of feet
- danger signs to look out for
- blood glucose testing
- urine testing
- immunization
- complications of diabetes
- hypoglycaemia
- glucagon injection
- hyperglycaemia
- eyes
- cataracts
- cardiovascular disease
- neuropathy
- depression
- role of the carer

At the end of the training there is a multi-choice assessment exercise and a certificate upon successful completion.