Chilblain cream
(Benzyl Alcohol, Eucalyptus Oil)

Effective for broken or unbroken chilblains

35 g

Read all of this carton for full instructions.

Chilblain Cream contains Arachis oil (peanut oil). If you are allergic to peanut or Soya, do not use Chilblain Cream.

What this medicine is for

A warming pain relieving cream to soothe and heal broken and unbroken chilblains.

Before you use this medicine

Do not use:

- If you are allergic to any of the ingredients

Cetyl alcohol, butylated hydroxyanisole (E320) and lanolin may cause skin reactions (e.g. contact dermatitis). Methyl hydroxybenzoate (E218) and propyl hydroxybenzoate (E216) may cause allergic reactions (possibly delayed). Propylene glycol may cause skin irritation.

How to use this medicine

Check the tube seal is not broken before first use. If it is, do not use the cream. Pierce tube seal with end of cap.

Apply to the skin only.

Adults and children: Gently massage a small amount of cream into the affected area.

Always keep chilblains warm and dry.

If symptoms do not go away talk to your pharmacist or doctor.

If you use too much cream you may notice excessive reddening of the skin.

Possible side effects

Most people will not have problems.

If you get these side effects stop using the cream and see a doctor:
• Allergic reaction (e.g. skin rash, red or itchy skin)

**Reporting of side effects**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed on this carton. You can also report side effects directly via the yellow card scheme at: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard). By reporting side effects you can help provide more information on the safety of this medicine.

**How to store this medicine**

Do not store above 25°C.

**Keep all medicines out of the sight and reach of children.**

Use by the date on the end flap of the carton.

**Active ingredients**

This cream contains Benzyl Alcohol 7.5% w/w. Eucalyptus Oil 1% w/w.

Also contains: purified water, glyceryl monostearate 40-50, lanolin, cetyl alcohol, stearic acid, **arachis oil (peanut oil)**, propylene glycol, triethanolamine, methyl hydroxybenzoate (E218), hyetellose, dimeticone, propyl hydroxybenzoate (E216), butylated hydroxyanisole.

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Manufactured by the Marketing Authorisation holder The Boots Company PLC Nottingham NG2 3AA

If you need more advice ask your pharmacist.

Lot:

Use by:

Bar code

Item Code

Braille Name: Boots Chilblain Cream

Pack details: Internally lacquered aluminium tube with an HPDE or polypropylene wadless cap. Pack size 35 g