

## PATIENT INFORMATION LEAFLET

# Boots CYSTITIS *Relief* Sodium Citrate

## CRANBERRY FLAVOUR

Effective relief of the symptoms of cystitis  
48 hour complete course  
6 SACHETS

Read all of this carton for full instructions.

### What this medicine is for

This medicine contains Sodium Citrate which relieves the symptoms of cystitis in women by making the urine less acidic.

### Before you take this medicine

#### X Do not take:

- If you are allergic to any of the ingredients
- If you have diabetes, heart disease, high blood pressure
- If you have kidney disease or have had it
- If you are on a low salt (sodium) diet (each sachet contains 939 mg of sodium)
- If you have an intolerance to some sugars, unless your doctor tells you to (this medicine contains sucrose)
- If you are pregnant or breastfeeding

#### ✓ How to take this medicine

Check the sachet is not broken before use. If it is, do not take that sachet.

Dissolve the contents of the sachet in a glass of water and drink the solution.

Age	How many to take	How often to take
Adult women	One sachet dissolved in water	Three times a day for 2 days
Men and children: Not recommended		

You should complete the 2 day course of 6 sachets.

Do not take more than the amount recommended above.

If symptoms do not go away within 2 days talk to your doctor.

**If you take too many sachets:** Talk to a doctor.

### Possible side effects

This medicine is not expected to cause side effects.

**If you notice any side effect please tell your pharmacist or doctor.**

## **How to store this medicine**

Do not store above 25°C.

Store in a dry place.

**Keep all medicines out of the sight and reach of children.**

Use by the date on the end flap of the carton.

## **Active ingredient**

Each sachet of granules contains Sodium Citrate Dihydrate 4 g.

Also contains: sucrose, colloidal silicon dioxide, saccharin sodium, cranberry flavour.

PL 12063/0045

Text prepared 7/10

Manufactured for The Boots Company PLC Nottingham NG2 3AA by the Marketing Authorisation holder Wrafton Laboratories Limited Braunton Devon EX33 2DL

If you need more advice ask your pharmacist.

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