

Information for the User

# Night Nurse

liquid



## What you should know about *Night Nurse*

Please read this leaflet carefully before you start to use **Night Nurse**. If you have any questions or are not sure about anything, ask your doctor or pharmacist. Keep this leaflet, you may want to read it again.

## What is in the pack?

### Night Nurse

160 ml of green syrup.

## What is in *Night Nurse*?

Each 20 ml dose contains Paracetamol Ph Eur 1000 mg, Promethazine Hydrochloride Ph Eur 20.0 mg and Dextromethorphan Hydrobromide Ph Eur 15.0 mg as the active ingredients.

The syrup also contains liquid glucose, ethyl alcohol, polyethylene glycol, sodium cyclamate, acesulfame K, sodium acid citrate, sodium benzoate (E 211), medicated flavour, colours quinoline yellow (E 104) and patent blue V (E 131), and water.

Carbohydrate content 13.1 g per dose.

## Who makes *Night Nurse*?

The product licence holder is:  
GlaxoSmithKline Consumer Healthcare,  
Brentford, TW8 9GS, U.K.  
and all enquiries should be sent to this address.



It is manufactured by:  
Wrafton Laboratories Ltd,  
Wrafton, Braunton,  
North Devon, EX33 2DL, England.

## How does *Night Nurse* work?

Paracetamol is an analgesic (a pain killer) and antipyretic (it reduces body temperature when you have a fever). Promethazine is an antihistamine which dries up a runny nose, so easing breathing. Dextromethorphan is a cough suppressant which relieves dry or tickly coughs. The liquid glucose syrup also helps relieve a sore throat.

## What is *Night Nurse* for?

**Night Nurse** is a product for the night-time relief of the symptoms of colds, chills and influenza, including headache, shivers, aches and pains, sore throat pain, runny nose and a dry, tickly, non-productive cough. Relieving these symptoms will help you get a less disturbed night's sleep.

## Check before you take this medicine

### IMPORTANT:

- **Night Nurse is a complete night-time cold treatment. Do not take with any other paracetamol-containing products. Do not take with other flu, cold or decongestant products at night, or with alcohol.**
- **Night Nurse may cause drowsiness, but as the product is intended to be taken only at bedtime, this shouldn't be a problem. However, if you are affected, you should not drive or operate machinery.**

## Do not take *Night Nurse* if:

- you are allergic to paracetamol, promethazine hydrochloride, dextromethorphan hydrobromide or any of the other ingredients listed. Sodium benzoate is a mild irritant to the skin, eyes and lips.
- you have kidney or liver problems, including those described by your doctor as alcohol-related liver problems.

*continued*



- you are taking, or have taken in the last two weeks, medicines prescribed by your doctor or hospital for depression (including monoamine oxidase inhibitors or MAOIs).
- you are having a pregnancy test carried out on your urine.
- The product contains 18% v/v alcohol (ethyl alcohol), equivalent to 3.6 ml per 20 ml dose. Do not take if you are pregnant, suffer from liver disease, epilepsy, alcoholism, brain injury or disease. The product may increase or decrease the effects of other medicines you are taking.

### Talk to your doctor first if:

- you have asthma or other breathing problems, epilepsy, glaucoma, urinary retention (difficulty in passing water), or prostate or heart problems.
- you are taking medicines to thin the blood (anticoagulants e.g. warfarin), drugs to control nausea and vomiting or drugs to control high lipid levels.
- you are taking medicines which make you drowsy, or which give you a dry mouth or blurred vision, or which have been prescribed for anxiety or to help you sleep.

### If you are pregnant or breast feeding:

Do not take this product if you are pregnant or breast feeding.

### How should you take *Night Nurse*?

This *Night Nurse* bottle has a child resistant cap. To remove the cap, press down on the cap and then unscrew. Every time you use the product, wipe the neck of the bottle clean and replace cap securely, without overtightening it. The cap will be properly closed if it clicks when you try to undo it without pressing down first.

*Adults (including the elderly) and children aged 12 years and over:*

Fill the measure cup to 20 ml mark (or four 5 ml spoonfuls). Take just before going to bed.

Do not take *Night Nurse* if you have already taken 4 doses of a paracetamol-containing product during the day.



You should only take one dose of **Night Nurse** per night. Not to be given to children under 12 years of age except on medical advice.

### If symptoms persist consult your doctor. What should you do if you take too much?

It would be harmful to take more than the dose stated on the pack and in this leaflet. Immediate medical advice should be sought in the event of an overdose, even if you feel well, because of the risk of delayed, serious liver damage.

### Will *Night Nurse* suit you?

Most people taking **Night Nurse** find it causes them no problems. However, occasionally some people may get skin rashes and other allergic effects or become extra sensitive to sunlight. Movement difficulties, dry mouth, blurred vision, disorientation, restlessness and dizziness may also occasionally occur. Some people may occasionally get an upset tummy or experience difficulty in passing urine. All these effects should go away once you stop taking the medicine. There have been rare reports of blood disorders, although not necessarily related to paracetamol.

If you are concerned about these effects, or if **Night Nurse** affects you in any other way, stop taking the medicine and talk to your doctor or pharmacist.

### Further Information

Do not use this medicine after the "Use by end of " date shown on the pack.

**Remember: Keep all medicines safely away from children.**

Leaflet revised: April 2001



GlaxoSmithKline

GlaxoSmithKline Consumer Healthcare,  
Brentford, TW8 9GS, U.K.

**Night Nurse** is a trade mark of GlaxoSmithKline.