PATIENT INFORMATION LEAFLET

Blocked Nose Relief 0.05 % w/v Nasal Spray
Oxymetazoline Hydrochloride

Lasts up to 12 hours

✓ Rapid relief for blocked nose

Read all of this carton for full instructions.

What this medicine is for
This medicine contains a decongestant, which acts to relieve nasal congestion. It can be used for fast relief of stuffy noses due to head colds and hayfever.

Before you use this medicine

X Do not use:
• If you are allergic to any of the ingredients
• If you have heart or blood vessel disease
• If you are taking monoamine oxidase inhibitors (for depression) or have taken them in the last 14 days
• If you have an overactive thyroid
• If you have glaucoma
• If you are a man with prostate problems

! Talk to your pharmacist or doctor:
• If you are pregnant or breastfeeding
  Methyl hydroxybenzoate (E218) may cause allergic reactions (possibly delayed).

✓ How to use this medicine
Check the seal is not broken before first use. If it is, do not use the medicine.

<table>
<thead>
<tr>
<th>Age</th>
<th>How much</th>
<th>How often</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adults and children of 12 years and over</td>
<td>One or two sprays into each nostril</td>
<td>Every 6 to 8 hours.</td>
</tr>
</tbody>
</table>

For use in the nose only.
Do not use for children under 12 years.
Do not use more than the amount recommended above.
Do not use this medicine for more than 7 days unless your doctor tells you to.
If symptoms do not go away talk to your doctor.
If you use too much: Talk to a doctor.
Possible side effects

Most people will not have problems, but some may get some of these:

- Irritation to the nose
- Dry mouth and throat
- Return of your symptoms if used for a long time

If any side effect becomes severe, or you notice any side effect not listed here, please tell your pharmacist or doctor.

How to store this medicine

Do not store above 25°C.

Keep all medicines out of the sight and reach of children.

Use by the date on the side panel.

Active ingredient

This spray contains Oxymetazoline Hydrochloride 0.05% w/v.

Also contains: purified water, disodium phosphate, monosodium phosphate, ethanol, methyl hydroxybenzoate (E218), cetrimide, levomenthol, camphor racemic, eucalyptol.

PL 00014/0292

Text prepared 2/11

Manufactured by the Marketing Authorisation holder The Boots Company PLC Nottingham NG2 3AA

If you need more advice ask your pharmacist.

22 ml e