Calpol®

SixPlus FASTMELTS

250 mg Paracetamol tablets

- This medicine brings down high temperatures (also called fever) and relieves pain.
- This medicine is OK for most children over 6 years and adults.
- **Do not give it to anyone on this list:**
  - Not to anyone with phenylketonuria (a hereditary disease discovered at birth). *See section 2* ►
  - Not to anyone who is allergic to the ingredients. *See section 6* ►
  - Not to children or adults taking some other medicines. *See section 2* ►
- **Follow the dosage instructions carefully.** Children of different ages need different amounts. These are shown in the table. *See section 3* ►
- **Speak to your doctor** if anything in this list applies:
  - If your child needs more than the doses shown in the table, speak to your doctor as soon as possible. *See section 3* ►
  - If your child's pain or fever is not getting better after a few days talk to your doctor. *See section 3* ►

Now read this whole leaflet carefully before you use this medicine. Keep the leaflet: you might need it again.

1 What the medicine is for

The paracetamol in Calpol Six Plus Fastmelts is used to relieve pain and / or bring down fever (high temperature) in many conditions including cold and flu, headache, toothache, earache, post-immunisation fever, sore throat and other aches and pains.

2 Before giving the medicine to your child

This medicine is suitable for most people but a few people should not use it. If you are in any doubt, talk to your doctor or pharmacist.

X Do not give your child this medicine…

- **If s/he has ever had a bad reaction** to any of the ingredients.
- **If s/he is taking anything else with paracetamol in it.**
- **If s/he has phenylketonuria (a hereditary disease discovered at birth.)**

If any of these applies, **get advice from a doctor or pharmacist without using Calpol.**

! Talk to your doctor or pharmacist…

- **If your child has serious kidney or liver problems.**
- **If your child is taking any other medicines** including:
  - *metoclopramide* or *domperidone* (used to treat **nausea and vomiting**)
  - *colestyramine* (used to treat **high cholesterol**)
  - *anticoagulants* (drugs that **thin the blood**, such as warfarin)
  - *anticonvulsants* (drugs to treat **epilepsy**)

  If you are not sure about the medicine your child is taking, show the bottle or pack to your pharmacist.

If any of these bullet points apply, **talk to a doctor or pharmacist.**

If **adults** take this medicine:

The following additional warnings are included in case an adult takes this product.

- You can use this medicine while you are taking oral contraceptives ('the pill'), but it may not work so well on your pain or fever.
- If you drink large amounts of alcohol, you may be more open to the side effects of paracetamol.
- Ask your doctor or pharmacist for advice before taking this medicine if you might be pregnant or breast-feeding.

! Some of the ingredients can cause problems

- Aspartame (E951) contains a source of phenylalanine which may be harmful for people with phenylketonuria.

3 How to use this medicine

Check the tables below to see how much medicine to use.

- For oral use only.
- To remove tablet use a fingernail to break the foil along the dotted line before pressing the tablet out.
- Tablets can be sucked gently until they melt on the tongue. There is no need to take water as they melt into a pleasant tasting paste which is easily swallowed.
- Alternatively, the tablets can be dissolved in a teaspoon of water or milk if preferred.
- Do not use more medicine than shown in the table.

i Children under 6 years

Not recommended for children under 6 years old. Ask your pharmacist to recommend a suitable product.

i Children from 6 years to adults

Age	Dosage
Children 6-12 years	**1 to 2 tablets (250 to 500 mg paracetamol)** up to 4 times a day if necessary.
Children over 12 years and adults	**2 to 4 tablets (500 to 1000 mg paracetamol)** up to 4 times a day if necessary.

- Leave at least 4 hours between doses.
- Do not use more than 4 doses in 24 hours.
- Do not give your child this medicine for more than 3 days without speaking to your doctor.

turn over ►

3 How to use this medicine *(continued)*

Speak to your doctor:

- If your child needs more than the doses shown in the table, speak to your doctor as soon as possible.
- If your child's pain or fever is not getting better after a few days talk to your doctor.

If anyone has too much

Immediate medical advice should be sought in the event of an overdose, even if the child seems well, because of the risk of delayed, serious liver damage.

If you forget to give the medicine

Give the next dose when needed, provided that the last dose was given at least 4 hours ago. **Do not** give a double dose.

4 Possible side-effects

Calpol Six Plus Fastmelts can have side-effects, like all medicines, although these don't affect everyone and are usually mild.

Tell your doctor as soon as possible if you notice any of these:

- allergic reactions including swelling of the face, tongue or throat, difficulty swallowing, unexplained wheezing, shortness of breath which may be accompanied by skin rash or hives.
- becoming unusually tired, unexpected bruising or bleeding and getting more infections (such as colds) than usual. These are very rare effects in people taking paracetamol.

If your child shows any of these signs, **stop giving paracetamol and talk to a doctor.**

Long term use: People who use medicines containing paracetamol every day for a long time (several months or more) could get certain side effects, including liver and kidney damage. People taking paracetamol in the usual way for shorter periods have not had these problems.

If you notice any side-effects not included in this leaflet please tell your doctor or pharmacist.

5 Storing this medicine

Keep the product out of the reach and sight of children.

This medicinal product does not require any special storage conditions.

Do not use after the end of the month shown as an expiry date on the packaging.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6 Further Information

What's in this medicine?

The active ingredient is: paracetamol 250 mg per tablet

Other ingredients are: Mannitol (E421), crospovidone, aspartame (E951), magnesium stearate, polymethacrylate (eudragit E100), polyacrylate dispersion 30% and colloidal anhydrous silica. The flavouring is strawberry.

What the medicine looks like

Calpol Six Plus Fastmelts are white strawberry flavoured tablets which melt in your mouth, available in packs of 12 and 24 tablets.
Each tablet contains 250 mg of the active ingredient Paracetamol.

The Product Licence holder is McNeil Products Ltd, Maidenhead, Berkshire, SL6 3UG, UK.

The manufacturer is Janssen Cilag S.A., Domaine de Maigremont, 27100 Val de Reuil, France.

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McNeil Products Ltd.

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