

PATIENT INFORMATION LEAFLET
GAVISCON PEPPERMINT LIQUID RELIEF

Sodium alginate
Sodium bicarbonate
Calcium carbonate

Please read this leaflet carefully before you take this medicine. If you are not sure about anything ask your pharmacist or doctor.

What Gaviscon Peppermint Liquid Relief is and what it is used for?

Gaviscon Peppermint Liquid Relief belong to a group of medicines called 'reflux suppressants', which form a protective layer on top of the stomach contents to prevent stomach acid escaping from the stomach where it works in the food pipe causing pain and

discomfort. Gaviscon Peppermint Liquid Relief is used for the treatment of symptoms of gastro-oesophageal reflux such as acid regurgitation, heartburn and indigestion, which may occur for example following meals or during pregnancy, and in patients with symptoms related to oesophagitis.

Before using Gaviscon Peppermint Liquid Relief:

Do not take this product if:

- You know you are allergic to any of the ingredients as very rarely difficulty in breathing and skin rashes have occurred (see further information for a full list)

Take special care before treatment with Gaviscon Peppermint Liquid Relief:

This medicine contains small amounts of sodium (6.2mmol per 10ml). If you have been advised to follow a low sodium (salt) diet ask your doctor before taking this product.

You can take this product if you are pregnant or breast feeding.

This product contains methyl (E218) and propyl (E216) parahydroxybenzoates which may cause allergic reactions (possibly delayed)

How to take Gaviscon Peppermint Liquid Relief:

For oral use. Shake well before use.

Adult and children over 12 years: Take 10-20ml (two to four 5ml spoonfuls) after meals and at bedtime, up to four times a day.

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Children 6 to 12 years: 5-10 ml after meals and at bedtime. **Children under 6:** not recommended. If you take too much of this product you may feel bloated. It is unlikely to cause you any harm, but please consult your doctor or pharmacist. If you forget a dose it is not necessary to double the dose next time, just carry on taking as before.

After taking Gaviscon Peppermint Liquid Relief:

If symptoms persist after 7 days consult your doctor.

Possible side effects

Very rarely difficulty in breathing and skin rashes have occurred to patients allergic to the ingredients. If this happens to you, consult your doctor or pharmacist.

How to store Gaviscon Peppermint Liquid Relief:
Keep all medicines out of reach and sight of children.

Do not use after the expiry date shown on the pack (EXP month/year). Do not store above 30°C. Do not refrigerate or freeze. Check that the cap seal is unbroken before first taking this product.

Further information:

Each 10 ml oral suspension contains 500 mg sodium alginate, 267 mg sodium bicarbonate and 160 mg calcium carbonate as the active ingredients. The other ingredients are carbomer, methyl (E218) and propyl (E216) parahydroxybenzoate, saccharin sodium, peppermint oil,

sodium hydroxide and water. This product does not contain sugar or gluten.

Gaviscon Peppermint Liquid Relief is available in bottles of 150, 300, 500, 600ml.

Marketing Authorisation Holder and Manufacturer:

Reckitt Benckiser Healthcare (UK) Limited, Dansom Lane, Hull, HU8 7DS.

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