

**Alcon**<sup>®</sup>

# Viscotears<sup>®</sup> Liquid Gel carbomer (polyacrylic acid)

## Patient Information Leaflet

This product will be called Viscotears in this leaflet.

**Please read this leaflet carefully before you start to use Viscotears. It contains important information.** Keep the leaflet in a safe place because you may want to read it again.

Do not share these eye drops with anyone else just in case you have an eye infection which you could pass on.

If you have any other questions, or if there is something you don't understand, please ask your pharmacist.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

### In this leaflet:

1. What Viscotears is and what it's used for
2. Things to consider before you start to use Viscotears
3. How Viscotears is used
4. Possible side effects
5. How to store Viscotears
6. Further information

### 1. What Viscotears is and what it's used for

Viscotears contains the active ingredient, carbomer (polyacrylic acid). Viscotears is used to make your eyes more comfortable when they feel dry. It is one of a group of eye drops called 'artificial tears'.

### 2. Things to consider before you start to use Viscotears

#### DO NOT use Viscotears if:

- you think you may be allergic to any of the ingredients. (These are listed at the end of the leaflet.)

#### Take special care:

- In children and adolescents aged to 18 years, the safety and efficacy of Viscotears at the posology recommended in adults has been established by clinical experience, but no clinical trial data are available.

#### You should also ask yourself these questions before starting to use Viscotears:

- Do you wear contact lenses? Take your lenses out before you put the drops in your eyes. Don't put the lenses back in for at least 30 minutes.
- Do you have problems with your eyes apart from sore or dry eyes? Talk to your doctor before you start to use Viscotears.
- Are you using any other eye drops?  
If you need to use more than one kind of eye drops wait 5 minutes between treatments. Viscotears should always be the last of the eye drops used.
- Are you pregnant or breast-feeding? Discuss whether you should use Viscotears with your doctor.

#### Will there be any problems with driving or using machinery?

Some people may find that their vision is blurred immediately after using Viscotears. If affected, wait until your vision clears before you drive or use machinery.

### 3. How to use Viscotears

If your doctor has prescribed Viscotears he/she will tell you how and when to use it and the dose will be on the pharmacist's label.

#### The usual dosage is:

**Adults** (including the elderly): One drop in each affected eye, three or four times a day.

#### Children and adolescents aged to 18 years:

The safety and efficacy of Viscotears in children and adolescents at the posology recommended in adults has been established



Alcon_120x270	30.11.2012	BB
Novartis Pharma AG	03.12.2012	BB
Fontsize technical	18.01.2013	sw
Used Font	21.01.2013	sw
Colours	12.03.2013	sw
additional	19.03.2013	sw

1. proof  
2. proof  
3. proof  
4. proof  
5. proof  
6. proof

8,5 pt / 9,5 pt / 100 %  
6 pt  
NewsGothicTP-Cond.  
NewsGothicMT  
Black  
Cutting

typo  
pharma

Product	Leaflet_Viscotears gel 0,2% 10ml 1x1	Novartis
Material No.	41004PB296_21_GB	Order File
Replaced No.	41004PB296_20_GB	NVS143840
Country	GB	contract manufacturer:
Code No.	504	Alcon
Dimension	120 x 270 mm	
Drawing No.	N/A	
Sec. Edge Marks	N/A	Page 1 of 2
		Typopharma # 102602

TVT compatible

yes	no
<input checked="" type="checkbox"/>	<input type="checkbox"/>

### Technical approval

To be signed by Manufacturing site

Freigabe/release

Korrektur notwendig/correction required

Bemerkung/remark \_\_\_\_\_

Datum/date: Unterschrift/signature: \_\_\_\_\_

**Alcon**<sup>®</sup> Affiliate approval

**Final Ready for Print**  
To be signed by Alcon Release site



by clinical experience, but no clinical trial data are available.  
If you are not sure ask your doctor or pharmacist.

#### How to use your eye drops

1. Wash your hands.
2. If you wear contact lenses, remove them before using the drops and do not replace for at least 30 minutes.
3. Hold the tube **vertically** (see figure 1).
4. Tilt your head backwards (see figure 2).
5. Rest one hand on your cheek and gently pull down your lower eye lid.
6. Look upwards.
7. Insert one drop by squeezing the tube gently (see figure 3).
8. Blink a few times to spread the liquid gel evenly over your eye.
9. Wipe away any excess gel from around the eyelids.
10. Repeat for your other eye if required.

**NOTE:** Do not touch your eye or the surrounding area with the tip of the dropper as this may cause injury to the eye and contaminate the gel. Follow the instructions carefully. If there is anything you don't understand, ask your pharmacist or doctor.

Do not use Viscotears Liquid Gel later than four weeks after first opening.

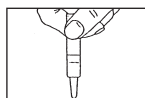


Figure 1



Figure 2



Figure 3

#### 4. Possible side effects

Viscotears is suitable for most people, but, like all medicines, it can sometimes cause side effects.

Sometimes people notice that the drops make their eyes burn or sting slightly. This usually quickly passes.

Viscotears can make your eyelids feel sticky.

Sometimes your vision may be blurred for a short time. This will gradually clear (but do not drive or operate machinery while affected).

There have been reports of allergic reactions, eyelid swelling, eye redness, swelling, pain and itching following the use of Viscotears.

**These effects are often mild. If they are severe, or if you notice anything else not mentioned here, please go and see your doctor.**

#### 5. How to store Viscotears

Keep all medicines out of the reach and sight of children.

Do not store the drops above 25°C.

Do not use the drops for longer than 28-days after first opening the tube.

Do not use the eye drops after the expiry date shown on the tube (EXP).

Take any unused Viscotears back to your pharmacist to be destroyed. Do not throw it away with your normal household water or waste. This will help to protect the environment.

#### 6. Further information

Viscotears contains 2.0 mg/g of the active ingredient, carbomer (polyacrylic acid). The liquid gel also contains the inactive ingredients cetrimide (as a preservative), sorbitol, sodium hydroxide and water. Each tube contains 10 g of Viscotears.

The product licence holder is Alcon Laboratories (UK) Ltd.  
Frimley Business Park  
Frimley, Camberley,  
Surrey, GU16 7SR  
United Kingdom

The manufacturer responsible for release on to the market is  
SA Alcon-Couvreur NV  
Rijksweg 14, B-2870 Puurs, Belgium.

**This leaflet was revised in March 2013.**

Viscotears is a registered trade mark.  
© 2011, 2013 Novartis

41004 PB 296/21-GB

Alcon\_120x270  
Novartis Pharma AG  
Fontsize technical 8,5 pt/9,5 pt/100 %  
Used Font 6 pt NewsGothicTP-Cond.  
Colours NewsGothicMT Black  
additional Cutting  
typo pharma

1. proof 30.11.2012 BB  
2. proof 03.12.2012 BB  
3. proof 18.01.2013 SW  
4. proof 21.01.2013 SW  
5. proof 12.03.2013 SW  
6. proof 19.03.2013 SW

Product Lealfet\_Viscotears gel 0,2% 10ml 1x1  
Material No. 41004PB296\_21\_GB Novartis  
Replaced No. 41004PB296\_20\_GB Order File  
Country GB NVS143840  
Code No. 504 contract manufacturer:  
Dimension 120 x 270 mm Alcon  
Drawing No. N/A  
Page 2 of 2  
Sec. Edge Marks N/A Typopharma # 102602

TVT compatible  
yes no

Freigabe/release Datum/date: Unterschrift/signature:  
 Korrektur notwendig/correction required  
Bemerkung/remark  
www.typopharma.com A perfect place for your data ...