What is earwax and why might you need to remove it?

Earwax or cerumen is a yellowish-brown wax-like substance produced by glands in the ear canal to help lubricate, protect and clean the ear canal. Normally, the wax and any trapped particles will move along the ear, to the opening of the ear, where it is expelled. However, sometimes wax can build and harden in the ear canal, causing problems such as pain, dizziness, tinnitus, loss of hearing and may contribute to infection.

Who may be affected?

Earwax build up can affect anyone, however, it can be more frequent in young children where the glands may be overactive, and older people as earwax production slows down and tends to produce drier wax.

The effects of earwax build up may also be greater for water sports enthusiasts, since water remaining in the ear canal can swell the earwax more than usual.

Removal of earwax is particularly important for hearing aid users, to ensure their hearing aids continue to perform correctly.

How does Earex Advance Ear Drops work?

Earex Advance Ear Drops contains glycerol to gently soften the wax, and urea peroxide, which releases oxygen to break up the hardened earwax deposits.

Ingredients

Glycerol BP, Urea Hydrogen Peroxide 5%.

When should you not use Earex Advance Ear Drops?

Do not use Earex Advance Ear Drops if:

- your ear drum has been damaged or perforated, you have an infection or any problems with your ears (eczema, itching sensation, dermatitis and any other local cutaneous problem).
- you are sensitive to any ingredients listed above.

How to use Earex Advance Ear Drops

- Tilt your head on one side and squeeze the bottle to drop 3-6 drops of Earex Advance Ear Drops in the ear.
- Keep your head tilted for a few minutes to allow the drops to soak into the earwax.
- Keep the drops in the ear for a few minutes, then rinse with lukewarm water.
- Wipe away any excess drops from the outer ear using tissue or cotton wool.
- Repeat once or twice daily for the removal of earwax, or once a week to help prevent the earwax build up.
- Treatment usually takes 3-6 days, after which an improvement should be noticed.

As the earwax begins to soften, before it is removed, it can begin to swell slightly, which might give a feeling of fullness in the ear, temporarily affect hearing, and occasionally, can cause slight dizziness or affect balance. A temporary bubbling sensation may occur.

Should these symptoms persist or worsen, or if you experience any other side effects or burning, stop using Earex Advance Ear Drops and seek advice from your doctor or pharmacist.

Warnings

- Earex Advance Ear Drops should only be used in the ear.
- Do not use if ear drum has been damaged or perforated, there is an infection or any problems with ears (eczema, itching sensation, dermatitis or any other local cutaneous problem).
- Do not swallow.
- Do not use at the same time as any other ear drop preparations.
- Do not insert hearing aids immediately after use but allow at least 15 minutes for any residue to be removed.
- Suitable for children following medical advice.
- Keep out of the sight and reach of children.

How to store Earex Advance Ear Drops

- Do not use if seal on the bottle is broken before first use.
- Do not store above 25°C.
- Do not use this product after the expiry date printed on the carton and bottle.
- Use within 30 days of first opening

KEEP OUT OF THE SIGHT AND REACH OF CHILDREN.

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