Opticrom® Hayfever 2% w/v Eye Drops
sodium cromoglicate

INFORMATION FOR THE USER

1. What Opticrom Hayfever is and what it is used for

Opticrom Hayfever 2% w/v Eye Drops (called Opticrom Hayfever in this leaflet) contain a medicine called sodium cromoglicate. This belongs to a group of medicines called anti-allergics.

It works by stopping the release of the natural substances in your eyes that can lead to an allergic reaction. Signs of an allergic reaction include itchy, watery, red or inflamed eyes and puffy eyelids. These symptoms occur usually in the late spring or early summer when pollen from grasses or trees comes into contact with the eyes of people who are sensitive to them. This condition is sometimes called hayfever, or by its medical term: seasonal allergic conjunctivitis.

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If you or your child have:
- No nose symptoms
- Only one eye is affected
- Your sight is affected

Or if the eye symptoms:
- Occur at the wrong time of year for hayfever
- Are likely to be caused by another allergy, e.g. a pet or dust mite allergy

then you cannot be sure that the condition is due to hayfever and you should see your doctor or pharmacist before you use these drops.

If you are not sure if the above applies to you, talk to your doctor or pharmacist before taking or using any medicine.

Driving and using machines

You may have blurred eyesight straight after using this medicine. If this happens, do not drive or use any tools or machines until you can see clearly.

Important information about some of the ingredients of Opticrom Hayfever

Opticrom Hayfever contains benzalkonium chloride. This may cause your eyes to become irritated.

Benzalkonium chloride is known to discolour soft contact lenses. Avoid contact with soft contact lenses. For all other types of contact lenses: remove contact lenses prior to application and wait at least 15 minutes before reinsertion.
1. How to use Opticrom Hayfever

How to use this medicine
Adults (including the elderly) and children over 6 years
• Wash your hands
• Remove the cap from the bottle
• Tilt your head back
• Squeeze one or two drops inside the lower lid without touching your eye
• Close your eye
• Wipe away any excess liquid from the eyes with a clean tissue
• Always put the cap back on the bottle as soon as you have used it
• Keep in the other eye

How much to use
• One or two drops in each eye four times a day

If you have any questions concerning the use of these drops in a child, or are unsure if the child has allergic eyes, you should seek advice from your doctor or pharmacist.

If you find you need to use your drops more frequently than the recommended dose, ask your doctor or pharmacist.

If you forget to use Opticrom Hayfever
If you forget a dose, use your drops as soon as you remember. However, if it is nearly time for your next dose, skip the missed dose. Do not use a double dose to make up for a forgotten dose.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

4. Possible side effects

Side effects of Opticrom Hayfever can cause side effects, although not everybody gets them.
Stop using Opticrom Hayfever and see a doctor as soon as possible if:
• The itching, redness or swelling gets worse. You may be allergic to these drops.
• Talk to your doctor or pharmacist if any of the side effects gets serious or lasts longer than a few days, or if you notice any side effects not listed in this leaflet:
  • Stinging or burning in your eyes or blurring of eyesight. This should only last for a short time and occurs immediately after using the eye drops.
  • Mild eye irritation

Reporting of side effects
If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard

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• Mild eye irritation

5. How to store Opticrom Hayfever

Keep this medicine in a safe place where children cannot see or reach it.

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• The itching, redness or swelling gets worse. You may be allergic to these drops.

5. How to store Opticrom Hayfever

Keep this medicine in a safe place where children cannot see or reach it.

Do not use Opticrom Hayfever after the expiry date which is stated on the label and carton. The expiry date refers to the last day of that month.
Store below 30°C. Keep the bottle in the outer carton in order to protect from light.

Opticrom Hayfever is sterile when you buy it, so you must not keep it for more than four weeks after opening the bottle.

Medicines should not be disposed of via wastewater or household waste.

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6. Further information

What Opticrom Hayfever contains
• The solution contains 2.0% w/v of the active substance, sodium cromoglicate

The other ingredients are disodium edetate, benzalkonium chloride and purified water.

What Opticrom Hayfever looks like and contents of the pack

Opticrom Hayfever is a clear colourless to pale yellow solution supplied in a 5 ml or 10 ml plastic dropper bottle with a tamperproof cap. Not all pack sizes may be marketed.

Sanofi Winthrop Industrie - Le Trait - France

Packaging Administration
Sanofi Winthrop Industrie - Le Trait - France

Brand name
Opticrom

Dosage
• One or two drops in each eye four times a day
• Repeat in the other eye

Wipe away any excess liquid from the eyes with a clean tissue

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Sanofi, 2001 - 2013

This leaflet was last revised in 11/2013