

**GAVISCON DOUBLE ACTION MINT
FLAVOUR CHEWABLE TABLETS**

Sodium alginate
Sodium bicarbonate
Calcium carbonate

These tablets bring relief from the pain and discomfort of heartburn

and indigestion.

They work in two ways:

1. Neutralising excess stomach acid to relieve discomfort.
2. Forming a protective barrier over the stomach contents to soothe that burning pain in your chest.

BEFORE TAKING THIS PRODUCT:

Do not take if you know that you are allergic to any of the ingredients (see further information for a full list). Each four tablet dose contains 9.64mmol sodium and 7.5mmol calcium. If you have been advised a

diet restricted in either of these please ask your doctor before taking this product. If you have phenylketonuria, note that the product is sweetened with aspartame, a source of phenylalanine.

These tablets contain carmoisine lake (E122), which may cause allergic reactions.

You can take this product if you are pregnant or breast feeding.

Taking Other Medicines

Do not take this product within two

hours of taking other medicines by mouth as it can interfere with the action of some other medicines.

This is especially important if you are taking antihistamines, antibiotics (tetracyclines and quinolones such as norfloxacin),

iron preparations, antifungals such as ketoconazole, digoxin and beta-blockers (for heart conditions), neuroleptics (for mental illness), thyroxine, chloroquine (for malaria) and bisphosphonates (for osteoporosis),

DOSAGE: For oral administration.

Chew thoroughly before swallowing. **Adult and children 12 years and over:** When symptoms occur take two to four tablets after meals and at bedtime, up to four times a day.

Manufacturer and PL Holder in UK:
Reckitt Benckiser Healthcare (UK)
Ltd., Hull, HU8 7DS.

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Children under 12 years: Should be taken on medical advice.

If you forget a dose: Do not double the dose next time, just carry on as before.

If you take too much of this product: You may feel bloated. It is unlikely to cause you any harm, but please consult your doctor or pharmacist.

AFTER TAKING THIS PRODUCT:
If symptoms persist after 7 days consult your doctor.

POSSIBLE SIDE EFFECTS:

Very rarely (less than 1 in 10,000 patients treated) an allergic reaction to the ingredients may

occur. Symptoms of this may include skin rash, itching, difficulty breathing, dizziness, or swelling of the face, lips, tongue or throat. If you experience these or any other side-effects stop taking the product and consult your doctor

immediately.

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at

www.mhra.gov.uk/yellowcard

By reporting side effects you can help provide more information on the safety of this medicine.

FURTHER INFORMATION: Each tablet contains 250mg sodium alginate, 106.5mg sodium

bicarbonate and 187.5mg calcium carbonate as the active ingredients. The tablets also contain xylitol, carmellose sodium, magnesium stearate, macrogol 20,000, mannitol (E421), copovidone, acesulfame-K, aspartame (E951), mint flavour and

carmoisine lake (E122). These tablets are sugar and gluten free.

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STORAGE: Do not store above 25°C. Store in the original package. Use within 3 months of opening.

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Dosage: For oral administration. Chew thoroughly before swallowing. Adults and children 12 yrs and over: 2 to 4 tablets after meals and at bedtime. Children under 12yrs: should only be given on medical advice. Do not use after expiry date. **KEEP OUT OF THE REACH & SIGHT OF CHILDREN** Last revised 06/2013 Gaviscon and  are trademarks.



Each chewable tablet contains 250mg sodium alginate, 106.5mg sodium bicarbonate and 187.5mg calcium carbonate as the active ingredients.

Warnings: Contains sodium, calcium, aspartame and carmoisine lake (E122). See leaflet for further information. If symptoms persist after 7 days, please consult your doctor.

Read the attached leaflet carefully before taking this product.