






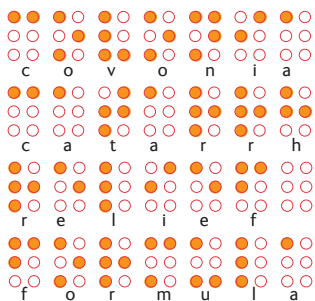




MHRA Header Box

Product Title	Covonia Catarrh Relief Formula		Colours Used
			 Black
Component	Portrait single ply front label		 Pantone 372
Pack Size	150ml		 Pantone 376
PCP No.	24388203		 Pantone 356
RM No.	243882		 Pantone 485
Dimensions	90 x 50mm		 Keyline (non-printing)
Proof No.	Eight	Date	19/03/2013  Braille



Braille reads

Braille Warning! Chesapeake cannot accept responsibility for any errors in this proof after approval by the customer. Whilst extreme care is taken in the setting of Braille, the customer must take the final responsibility for its accuracy. There is no single European Braille authority and there are many different Braille formats in existence, with country specific characters. This Braille is set to the Marburg Medium format unless you have requested otherwise. When you sign this proof you are signifying full approval of the text and specification.

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IMPORTANT: Peel here & read all text inside BEFORE use

Covonia Catarrh Relief Formula is a traditional herbal medicinal product used to relieve the symptoms of nasal catarrh and catarrh of the throat based on traditional use only.

For oral use only. Shake the bottle before use.

Adults, the elderly: Take one 5ml spoonful 3 times a day.

DO NOT EXCEED THE STATED DOSE.

Do not use this medicine for more than 7 days. If symptoms get worse, if you get a fever, shortness of breath or blood in your saliva or if symptoms persist for more than 7 days, consult a doctor or qualified healthcare practitioner.

Do not store above 25°C. Use within 28 days of first opening.

Keep out of the sight and reach of children.

The active ingredients per 5ml: liquid extract burdock root (*Arctium lappa* L.) 0.25ml, liquid extract hyssop herb (*Hyssopus officinalis* L.) 0.35ml.

Also contains amongst other ingredients: ethanol, methyl parahydroxybenzoate (E218), propyl parahydroxybenzoate, glycerol (E422), dextrose.

See reverse for full list.

1. Before you use this medicine P1

Do not use the medicine if you....

- Have an **allergy** to any of the active ingredients, other plants of the Asteraceae (Compositae) family such as marigolds, daisies or artichokes or any other ingredient listed in section 3.
- Are under 18 years old.
- Are taking any other medicines known to interact with alcohol e.g. metronidazole.

Pregnancy and breastfeeding....

You should not use Covonia Catarrh Relief Formula if you are pregnant or breastfeeding.

Important ingredient information

- Contains 11.5 vol% ethanol (alcohol), i.e. up to 453mg per dose, equivalent to 12ml beer or 5ml wine per 5ml dose. Harmful for those suffering from alcoholism. To be taken into account in pregnant or breastfeeding women, children and high risk groups such as patients with liver disease or epilepsy.
- It contains methyl parahydroxybenzoate (E218) which may cause allergic reactions (possibly delayed).
- This medicinal product contains 3.75mg dextrose (glucose) per dose. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including any bought without prescription.

Driving and using machines

This medicine contains ethanol (alcohol), see section 1 'Important ingredient information'. If affected by alcohol do not drive or operate machines.

Turn Over ↗
24389004

LOT, MAN, EXP overprint area

MHRA Header Box

Product Title	Covonia Catarrh Relief Formula		Colours Used	Fonts Used
Component	Portrait Booklet Back Label		Process Yellow	Helvetica
Pack Size	150ml		Process Black	Helvetica LT
IG Code	24389004		Release Varnish	
Dimensions	73 x 90mm		Keyline (Does not print)	
Proof No.	2	Date	11.08.2014	

2. Possible side effects P2

Like all medicines Covonia Catarrh Relief Formula can have side effects, although these don't affect everyone.

The following side effect has been reported with burdock root.

- Anaphylactic shock (serious allergic reaction which causes swelling of the face and throat). The frequency is not known. If this side effect occurs, stop taking this medicine and consult your doctor. If any other side effects occur, consult your doctor or pharmacist.

If you notice any other side effects not listed, stop use and tell your doctor or pharmacist.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard.

By reporting side effects you can help provide more information on the safety of this medicine.

3. Further information

If you accidentally take too much consult a doctor as soon as possible. Take this leaflet with you. Overdose of this product may result in alcohol intoxication and should be treated accordingly (see section 1 'Important ingredient information').

- Do not use after the expiry date. The expiry date refers to the last day of that month.
- Return any unused medicine to the pharmacy for disposal.

If you miss a dose

If you miss a dose, take your next dose at the usual time. Do not take a double dose to make up for the missed dose. Consult your doctor or qualified healthcare practitioner if you need further advice.

The active ingredients per 5ml are: liquid extract burdock root (*Arctium lappa* L.) 0.25 ml, liquid extract hyssop herb (*Hyssopus officinalis* L.) 0.35ml.


The other ingredients are: ethanol, methyl parahydroxybenzoate (E218), propyl parahydroxybenzoate, tincture capsicum (containing capsicum oleoresin, ethanol and purified water), caramel (E150), glycerol (E422), viscarin SD389 (containing dextrose and carageenan (E407)), menthol, sodium saccharin (E954) and purified water.

What the medicine looks like

Covonia Catarrh Relief Formula is a brown cloudy liquid.

It is supplied in 100ml and 150ml bottles.

This label was revised in August 2014

 P3

24389004