

PRODUCT SPECIFICATIONS	
Activity	Monitors heart rate Captures running dynamics Activity tracking
Batteries Included	Yes
Battery Access	Tool Free
Battery Life	12 months (tri training 1 hour per day)
Battery Type	1 CR2032 Lithium Battery
Compatibility with Garmin Devices	Sports Watches, Fitness Trackers, Cycling Computers
Compatibility with Smart Phone	iPhone®, Android™
Connectivity Type	Bluetooth®, ANT+®, Wi-Fi®
Dimensions	60.0-142.0 x 3.0 x 1.2 cm (23.5"-56.0" x 1.2" x 0.5")
Materials	Plastic module with silicone sleeve Adjustable fabric strap
Memory	Up to 200 hours of activity data
Model	010-13118-00
Module Size	29.4 mm W x 51.4 mm H x 8.5 mm D (1.2" x 2.0" x 0.3")
Range	3 metres
Sensors & Health Monitoring	All day heart rate Vertical oscillation Ground contact time Stride length Step count Calories burned Intensity minutes
Size Range	60–106 cm (23.5"-42") With optional strap extender: 60–142 cm (23.5"-56")
Smart Features	Pairs with Garmin Connect™ app Real-time heart rate transmission via ANT® connectivity (2.4 Ghz) when out of water Supports Heart Rate Variability (HRV) Transmits real-time heart rate and supports HRV via Bluetooth® technology to compatible devices and apps Number of concurrent connections supported
Strap Colour	Black
Water Resistance	5 ATM
Weight	52 g
Wireless Connectivity	Yes