

P2463T

Package leaflet: Information for the patient

# CHLORPHENAMINE Tablets 4mg

chlorphenamine maleate

Please read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you.
- Keep this leaflet. You may need to read it again.
- Ask your doctor or pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist. This includes any side effects not listed in this leaflet. See section 4.
- You must talk to a doctor if you do not feel better or if you feel worse.

**What is in this leaflet**

1. What Chlorphenamine Tablets are and what they are used for
2. What you need to know before you take Chlorphenamine Tablets
3. How to take Chlorphenamine Tablets
4. Possible side effects
5. How to store Chlorphenamine Tablets
6. Contents of the pack and other information

**1. What Chlorphenamine Tablets are and what they are used for**

This medicine contains chlorphenamine maleate which is an antihistamine which can help to relieve the symptoms of some allergies and itchy skin rashes and is one of a group of medicines called alkylamines. It can reduce the effects of histamine and has sedative activity.

This medicine is used to treat the itchiness, redness, swelling, tenderness and irritation that can be caused by: such as hay fever and other allergies e.g. pet, house dust mite and mould spore allergies, nettle rash and hives, skin allergies and dermatitis, prickly heat and heat rash, reactions to food, food additives or medicines, insect bites and stings.

It is also used to relieve the itchiness of chicken pox.

**2. What you need to know before you take Chlorphenamine Tablets****Do not take these tablets if:**

- You are allergic to other antihistamines, Chlorphenamine or to any of the other tablet ingredients (listed in section 6).
- You have taken a monoamine oxidase inhibitor drug (MAOI) prescribed for depression within the last fourteen days.
- If you are taking other medicines containing other antihistamines, including products for the relief of colds and coughs.

**Warnings and Precautions****Check with your doctor before taking these tablets if:**

- you suffer from epilepsy, raised intra-ocular pressure including glaucoma, high blood pressure or heart disease, liver or kidney disease, bronchitis, bronchiectasis, asthma, chronic lung disorders (difficulty in breathing and cough that won't go away) an or have an enlarged prostate gland.
- Avoid drinking alcohol with this medicine.
- Do not drive or operate machinery if the tablets make you feel drowsy, dizzy or if you experience blurred vision.
- If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before using Chlorphenamine Tablets.

**Other medicines and Chlorphenamine:**

Tell your doctor or pharmacist before taking these tablets if you are taking, have recently taken or might take any other medicines, including any that you can buy without a prescription. This is especially important if you are taking:

- medicine to help sleeping problems or anxiety
- anti-epileptics, especially phenytoin.

**Chlorphenamine with alcohol:**

Do not drink alcohol while you are taking these tablets. Alcohol will increase the drowsiness produced by this medicine.

**Pregnancy and breast-feeding:**

Talk to your doctor before taking this medicine if you are pregnant or breast-feeding or think you are pregnant or are planning to have a baby, as you should NOT take unless your doctor thinks it is essential.

**Driving and using machinery:**

This medicine may cause drowsiness, dizziness, blurred vision and inco-ordination. Do not drive or operate machinery if the medicine has this effect on you.

**Chlorphenamine Tablets contain lactose**

If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicine.

**3. How to take Chlorphenamine Tablets**

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist have told you. Check with your doctor or pharmacist if you are not sure.

The recommended doses are:

**Adults and children aged 12 years and over:**

The normal dose is one tablet every **4-6 hours**. Do not take more than 6 tablets in 24 hours.

**Elderly:**

Check with your doctor or pharmacist before taking this medicine as you may be more likely to get side effects and you may need to take a lower daily dose.

**Children 6 to 12 years of age:**



The normal dose for children aged six to twelve years is half a tablet every **4-6 hours**. Do not give more than 6 half tablets in 24 hours. Do not give it to a child under 6 years unless your doctor has prescribed it.

Do not take more than recommended dose.

(continued overleaf)



Product:	Chlorphenamine 4mg Tablets (Jingxin)
Item Code:	P2463T
Size:	210 x 297 mm
Min. Point size:	9pt
O. Artwork	06/12/23
Proof No.	1
Amendment Date	

Colours Used	
	Process Black
	Keyline - does not print

P2463T

**If you take more tablets than you should:**

If you think you have taken too many tablets, contact your doctor straight away or go to the nearest hospital casualty department. Take with you any remaining tablets and the pack so that the medicine can be identified.

**If you forget to take a dose:**

If you miss a dose of this medicine, take it as soon as possible. However, if it is almost time for your next dose, skip the missed dose and continue with the regular dosing schedule.

Do Not take a double dose to make up for the forgotten dose.

**4. Possible side effects**

Like all medicines, Chlorphenamine can cause side effects, although not everybody gets them.

If any of the following occur STOP TAKING the tablets IMMEDIATELY and contact your doctor, as they may be signs of an allergic reaction to this medicine:

- itchy or raised skin rash
- swelling of the face, mouth or throat causing difficulty in breathing
- collapse

**The following side effects have also been reported:****Very common effects (may affect more than 1 in 10 people):**

- drowsiness which may cause you to fall asleep.

**Common effects (may affect up to 1 in 10 people):**

- dizziness
- abnormal co-ordination
- blurred vision
- difficulty concentrating
- headache
- feeling or being sick, dryness of the mouth
- fatigue.

**Frequency not known (cannot be estimated from available data):**

- blood disorders including a reduction in the numbers of red or white blood cells (signs include pale skin, weakness, tiredness, breathlessness and can make infections more likely)
- allergic reactions
- swelling of the skin
- retention of urine
- irregular heartbeat
- low blood pressure
- tightness of the chest
- skin rashes and itching
- twitching, muscle weakness
- unexplained bruising or bleeding (signs of types of anaemia)
- loss of appetite, confusion, excitation, irritability, nightmares, low mood, vomiting, stomach pain, indigestion and diarrhoea
- ringing in the ears
- thickened bronchial secretions which may cause phlegm
- sensitivity to the sun,
- hepatitis (severe stomach pain, nausea or vomiting and loss of appetite and/or jaundice (yellow colouring of the skin or the whites of the eyes)).

Children or the elderly may be more susceptible to some side effects of this medicine, such as drowsiness, dizziness, blurred vision, lack of co-ordination, confusion, excitation, feeling faint, restlessness or nervousness.

**Reporting of side effects**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA yellow card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

**5. How to store Chlorphenamine Tablets**

KEEP ALL MEDICINES OUT OF THE SIGHT AND REACH OF CHILDREN

Keep this medicine in the original package. Do not store above 25°C.

Do not use this medicine after the expiry date stated on the pack. The expiry date refers to the last day of that month.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

**6. Contents of the pack and other information****What Chlorphenamine Tablets contain:**

Each tablet contains 4mg of the active ingredient chlorphenamine maleate. They also contain the following other ingredients: lactose, maize starch, magnesium stearate, pregelatinised starch, quinoline yellow lake (E104) and stearic acid.

**What the medicine looks like and contents of the pack:**

Chlorphenamine Tablets are yellow in colour, engraved with a company logo on one side and a breakline and B094 on the other side.

The medicine is available in pack sizes of 28, 42, 50, 56, 60, 84, 100, 112, 250, 500 and 1000 tablets.

Not all pack sizes may be marketed.

**Marketing Authorisation Holder and Manufacturer:****Marketing Authorisation Holder**

Crescent Pharma Limited, Key House, Sarum Hill, Basingstoke, RG21 8SR, UK.


**Manufacturer**

Crescent Pharma Limited, Units 3 & 4, Quidhampton Business Units, Polhampton Lane, Overton, Hants, RG25 3ED, UK.

**This leaflet was last revised in 12/2023.**



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