

**Package Leaflet: Information for the patient**  
**Allerief 2mg/5ml Oral Solution**  
 Chlorphenamine maleate

P2339T

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist have told you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.
- You must talk to a doctor if you or your child's symptoms worsen or do not improve after 3 days.

**What is in this leaflet**

1. What this medicine is and what it is used for
2. What you need to know before you take this medicine
3. How to take this medicine
4. Possible side effects
5. How to store this medicine
6. Contents of the pack and other information

**1. What this medicine is and what it is used for**

This medicine is used to treat the allergic symptoms of hayfever and other allergies.

The active ingredient chlorphenamine maleate, is an antihistamine which can help to relieve the symptoms of some allergies and itchy skin rashes. It can be used to treat the itchiness, redness, swelling, tenderness and irritation that can be caused by:

- hayfever and other allergies e.g. pet, house dust mite and mould spore allergies
- nettle rash and hives
- skin allergies and dermatitis
- prickly heat and heat rash
- reactions to food, food additives or medicines
- insect bites and stings
- the itchy rash of chickenpox.

**2. What you need to know before you take this medicine**

**X Do not take this medicine:**

- if you or your child are allergic to chlorphenamine maleate, other

antihistamines or to any of the ingredients of this medicine (see section 6).

- if you or your child has taken monoamine oxidase inhibitors (MAOIs) prescribed for depression in the last 14 days.
- if you or your child are taking other medicines containing antihistamines, including products for the relief of colds and coughs.

**⚠ Warnings and precautions**

**Talk to your doctor or pharmacist before taking this medicine:**

- if you or your child suffer from epilepsy
- if you or your child suffer from liver disease
- if you or your child suffer from kidney disease
- if you or your child suffer from heart disease
- if you or your child suffer from bronchitis, asthma, bronchiectasis or chronic lung disorders (difficulty in breathing and cough that won't go away)
- if you or your child suffer from high blood pressure
- if you or your child suffer from glaucoma
- if you have an enlarged prostate.

**⚠ Other medicines and Allerief 2mg/5ml Oral Solution**

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

Chlorphenamine can interfere with the action of some other drugs and some drugs can have an effect on chlorphenamine. The drugs which can cause some problems when taken together with chlorphenamine are:

- medicines to treat anxiety or to help you sleep
- phenytoin (for epilepsy).

**⚠ This medicine with alcohol**

- Avoid drinking alcohol with this medicine.

**⚠ Pregnancy, breastfeeding and fertility**

- If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

**⚠ Driving and using machines**

- This medicine may cause drowsiness, dizziness, blurred vision or impair movement. If this happens do not drive or use tools or machines.

**⚠ This medicine contains maltitol liquid (E965), sodium methyl parahydroxybenzoate (E219), sodium propyl parahydroxybenzoate (E217), propylene glycol (E1520) and sodium**

- Maltitol liquid (E965): If you have been told by your doctor that you or your child have an intolerance to some sugars, contact your doctor before taking this medicinal product. Maltitol may have mild laxative effect. Each 5ml dose provides 1.37g maltitol (3.1 kcal).
- Sodium methyl parahydroxybenzoate (E219) and Sodium propyl parahydroxybenzoate (E217): May cause allergic reactions (possibly delayed).
- Propylene glycol (E1520): This medicine contains 5mg of propylene glycol per 5ml which is equivalent to 1mg/ml.
- This medicine contains less than 1mmol sodium (23mg) per 5ml, that is to say essentially sodium free.

**3. How to take this medicine**

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure. For oral use. Use the spoon provided to take this medicine.

The recommended dose is

Age	Dose
Children below 1 year:	Not recommended.
Children aged 1 - 2 years:	2.5ml (1mg) twice daily. The minimum interval between the doses should be 4 hours. <b>Maximum daily dose: 5ml (2mg) in any 24 hours.</b>
Children aged 2 - 6 years:	2.5ml (1mg) every 4 to 6 hours. <b>Maximum daily dose: 15ml (6mg) in any 24 hours.</b>
Children aged 6 - 12 years:	5ml (2mg) every 4 to 6 hours. <b>Maximum daily dose: 30ml (12mg) in any 24 hours.</b>
Adults and children 12 years and over:	10ml (4mg) every 4 to 6 hours. <b>Maximum daily dose: 60ml (24mg) in any 24 hours.</b>
Elderly:	10ml (4mg) every 4 to 6 hours. <b>Maximum daily dose: 30ml (12mg) in any 24 hours.</b>



**Elderly:** Talk to your doctor or pharmacist before you take this medicine as you may be more likely to get side effects including confusion and you may need to take a lower dose.

- Do not take more than the recommended dose.
- Do not use continuously for more than 14 days without consulting a doctor.

**⚠ If you take more of this medicine than you should**

If you, your child or someone you know accidentally takes a lot more than the stated dose (an overdose) of this medicine either call your doctor straight away, or go to your nearest hospital casualty department. Always take any remaining medicine, the container and the label with you, so that the medicine can be identified. Do not drive if you have taken too much.

Product:	Allerief Oral Solution PIL
Item Code:	P2339T
Size:	210 x 297 mm
Min. Point size:	9pt
O. Artwork	24/07/23
Proof No.	1
Amendment Date	
Pharmacode:	931

Colours Used	
	Process Black
	Keyline - does not print

#### **⚠ If you forget to take this medicine**

- If you forget a dose, take it as soon as you remember it, unless it is nearly time for your next one.
- Do not take a double dose to make up for a forgotten dose.

#### **4. Possible side effects**

Like all medicines, this medicine can have side effects, although not everybody gets them. Children and older people are more likely to get side effects.

**Stop taking this medicine immediately and consult your doctor straight away** if you experience:

Allergic reaction which can be severe. Signs include:

- Raised and itchy rash (hives)
- Swelling, sometimes of the face or mouth causing difficulty in breathing
- Collapse.

These reactions are rare.

The following other possible side effects which may occur are:

Very common (may affect more than 1 in 10 people):

- Drowsiness and sedation.

Common (may affect up to 1 in 10 people):

- Difficulty concentrating, feeling tired, dizziness, headache or blurred vision
- Feeling sick or dry mouth
- Abnormal co-ordination.

Not known (frequency cannot be estimated from the available data):

- Loss of appetite, indigestion, being sick, diarrhoea or tummy pain
- Low blood pressure (you may feel faint) or changes in heart rhythm
- Chest tightness or thickening of phlegm
- Skin peeling, itchy rash and sensitivity to the sun
- Ringing in the ears
- Twitching or muscular weakness
- Difficulty passing water
- Confusion, excitability, irritability, low mood or nightmares
- Anaemia or unexplained bleeding or bruising

- Hepatitis (severe stomach pain, nausea or vomiting and loss of appetite and/or jaundice (yellow colouring of the skin or the whites of the eyes)).

#### **Reporting of side effects**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

#### **5. How to store this medicine**

- Keep out of the sight and reach of children.
- Do not use this medicine after the expiry date which is stated on the carton and label after Exp.: The expiry date refers to the last day of that month.
- Do not store above 25°C. Store in the original container.
- Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help to protect the environment.

#### **6. Contents of the pack and other information**

##### **What this medicine contains**

Each 5ml of oral solution contains 2mg of the active substance, chlorphenamine maleate. The other ingredients are purified water, glycerol (E422), maltitol liquid (E965), saccharin sodium (E954), citric acid monohydrate, sodium methyl parahydroxybenzoate (E219), sodium propyl parahydroxybenzoate (E217) and strawberry flavour (containing propylene glycol (E1520), flavouring substances and ascorbic acid).

##### **What this medicine looks like and contents of the pack**

This medicine is a clear colourless solution with a smell of strawberries. Each bottle contains 100ml or 150ml of oral solution. Both pack sizes may not be marketed.

#### **Marketing Authorisation Holder and Manufacturer**

Marketing Authorisation holder (PL 20416/0519): Crescent Pharma Ltd, Key House, Sarum Hill, Basingstoke, RG21 8SR, UK.

Manufacturer: Crescent Manufacturing Ltd., Cunard Road, Park Royal, London, NW10 6PN, UK.



If you would like this leaflet in a different format, please contact the Marketing Authorisation holder.

This leaflet was last revised July 2023.

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