

Recto

160 mm

5 mm

30 mm

10 mm

15 mm

300 mm

10 mm

10 mm

140 mm

10 mm

DATA MATRIX CODE N° ANA90GSK058A

Otrivine Natural

Nasal spray
Natural, isotonic sea water solution with clearing and soothing properties
Gentle spray with Aloe Vera

! Please read this leaflet carefully before using Otrivine Natural Daily Nasal Wash. If you have any questions, ask your doctor or pharmacist.
The nose plays a crucial role in warming and humidifying inhaled air and in filtering out small particles, protecting the lower respiratory tract from dust, irritation and dryness. Thus, it is important to keep the nasal cavities clean and moisturised to allow the nose to properly fulfil all its functions.

1. What is Otrivine Natural Daily Nasal Wash and what is it used for?
Otrivine Natural Daily Nasal Wash is a preservative-free, 100% natural isotonic sea water solution. This product also contains natural powder of Aloe Vera plant, which is known to have soothing and moisturising properties. Otrivine Natural Daily Nasal Wash is recommended to:
• Gently cleanse the nasal cavities when the nose is blocked, e.g. during a cold or in allergic conditions, by washing away the excess mucus or the allergen particles such as dust or pollen;
• Soothe the irritated nasal passages;
• Moisturise the nasal mucosa when dry or irritated in case of minor nasal irritations or due to low humidity (e.g. due to heated/air-conditioned rooms, high altitude, air travelling);
• Thin and loosen nasal secretions and help their removal.
Otrivine Natural Daily Nasal Wash is suitable for daily nasal cleansing.

2. Before using Otrivine Natural Daily Nasal Wash
! Caution, before use carefully read the following Instructions for Use.
Do not use the product in case of allergy to any of the ingredients (see ingredients list).
Do not use a broken or damaged product.
Do not microwave.
You should consult a doctor before using Otrivine Natural Daily Nasal Wash following a nasal operation or injury.
Due to its cleansing properties, Otrivine Natural Daily Nasal Wash should be used first when using another local nasal product (e.g. for cold or allergic rhinitis).
Otrivine Natural Daily Nasal Wash may be used during pregnancy and breast-feeding, ask your doctor or pharmacist before using it.

3. How to use Otrivine Natural Daily Nasal Wash
The usual frequency of use is **1 to 2 times a day per nostril**. If necessary, the product can be used as often as needed.
Otrivine Natural Daily Nasal Wash is suitable for children over 2 years of age and adults.
For children below 11 years, Otrivine Natural Daily Nasal Wash should be used under adult supervision. In elderly

or disabled people, the use of the device may require assistance.
Under normal conditions of use, as indicated, Otrivine Natural Daily Nasal Wash is well tolerated.
For hygienic reasons and to avoid contamination, the nasal spray should only be used by one person.
Optimal temperature of use is at room temperature (usually from 17°C to 25°C).

1. Blow the nose if necessary.
2. Before and after using Otrivine Natural Daily Nasal Wash, wash your hands carefully.
3. Remove the protective cap of the spray.
4. If the spray has not been used for a long time, prime the spray once into the air before use. In case the spray nozzle is blocked, clean it under hot running water and dry it properly with a clean tissue.
5. *For children who cannot use the product on their own:*
Lay the child on their back with their head tilted to one side, so the liquid can drain off more easily (**Fig. 1**).
6. *For children and adults who can use the product on their own:*
Lean your head forward, over a basin, tilted to one side, so that it is as horizontal as possible (**Fig. 2**).
7. Insert the nozzle in the nostril and spray briefly (2 to 3 seconds).
8. Then, tilt the head to the other side and repeat in the other nostril.
9. Allow the product to act for a few seconds. Do not blow the nose during this time, but wipe it if necessary.
10. Then, blow the nose if needed.
11. After each use, clean the nozzle under hot running water, dry it properly with a clean tissue and put the protective cap back on.
12. Clean the actuator with hot water. Do not use chemical materials or dishwashing liquid or disinfectant. Do not microwave.

Directions

1. Clean your nose
2. Lean head forward over a sink
3. Gently Place Tip, and spray
4. Repeat on opposite Nostril

4. For your safety
Warning
Content under pressure: keep away from sunlight and do not expose to temperature over 50 °C/122 °F.
Pressurised container: May burst if heated.
Keep away from heat/sparks/open flames/hot surfaces.
— No smoking.

Fig. 1 **Fig. 2**

V2 16 - APR - 2021		champs Creative Services & Brand Management & Performance Solution		Artwork Information Panel		gsk	
D2A	<input type="checkbox"/>	Non Production	<input type="checkbox"/>	Production	<input checked="" type="checkbox"/>	SGS No: 6372117	CHAMPS No: 000006691
Total Number of Colours including Varnish & Foils: 1						Manufacturing Site: SPPH	Site Component No: ANA90GSK058A
70% 90% 100%						Approving Market: UK Regulatory-GBR	Site Change Control No:
1. Black	2.	3.	4.	5.	6.	Product Market Trade Name: OTRIVINE NATURAL	Component Type: Leaflet
						Technical Drawing No: 160 x 300 mm - leaflet model with datamatrix	Material Spec No:
						Print Process: Offset - Lithography	Pharma Code No:
7.	8.	9.	10.	11.	12.	Barcode No:	Bar Width Reduction:
Total Special Finishes: 0						Formulation Code:	Body Text Size: 9.0pt Leading: 10.0pt
						Micro Text: N	Horizontal Scale: 100% Smallest Text Size: 9.0pt
Studio Location: Tamworth, UK							

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Do not pierce or burn it, even after use.

The nozzle is designed for children to fit the natural shape of the nostrils and a safety ring helps prevent deep insertion into the nose and injury. If you have any further questions on the use of this product, ask your doctor or pharmacist.

5. How to store Otrivine Natural Daily Nasal Wash

Keep the product out of the reach and sight of children.
Do not use the product after the expiry date shown on the packaging.
Store the spray in the original packaging box.

Store between 0 °C and 25 °C.
Do not freeze.

6. Further information

Ingredients: Aloe Vera powder, sea water and purified water.
Preservative free.

Nitrogen is added as an inert propellant gas in the pressurized device. The propellant gas is not in contact with the solution.

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