Covonia Medicated Sore Throat 5mg/1mg Lozenges Menthol Flavour
Chlorhexidine dihydrochloride, Lidocaine hydrochloride

Patient Information Leaflet

The name of your medicine is Covonia Medicated Sore Throat 5mg/1mg Lozenges Menthol Flavour, which will be referred to as Covonia Lozenges Menthol throughout this leaflet.

Read all of this leaflet carefully before you start using this medicine because it contains important information for you.

Always use this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet.
- You must talk to a doctor if you do not feel better or if you feel worse after 3 to 4 days.

What is in this leaflet:

1. What Covonia Lozenges Menthol is and what it is used for.
2. What you need to know before you use Covonia Lozenges Menthol.
3. How to use Covonia Lozenges Menthol.
4. Possible side effects.
5. How to store Covonia Lozenges Menthol.
6. Contents of the pack and other information.

1. WHAT COVONIA LOZENGES MENTHOL IS AND WHAT IT IS USED FOR.

Covonia Lozenges Menthol is a compressed lozenge for local action in the mouth and the pharynx.
It is an antiseptic and local pain-killer.
Covonia Lozenges Menthol is recommended for:

- The treatment of the symptoms of a sore throat, red throat, disorders of the pharynx accompanied by irritation.
- In case of bacterial infection accompanied by fever, an additional treatment is necessary;
- Covonia Lozenges Menthol is sugar-free and is therefore also suited for diabetics.

2. WHAT YOU NEED TO KNOW BEFORE YOU USE COVONIA LOZENGES MENTHOL.

Do not use Covonia Lozenges Menthol

- If you are allergic to chlorhexidine dihydrochloride or lidocaine hydrochloride or any of the other ingredients of Covonia Lozenges Menthol (listed in section 6).
- On children younger than 12 years old.

Warnings and precautions

Talk to your doctor or pharmacist before using Covonia Lozenges Menthol.

- Covonia Lozenges Menthol should not be used for long periods, uninterruptedly or repeatedly. Limit the use to strictly necessary relief of pain and irritation.
- In case of excessive dose (more than 20 lozenges per day) there is a small risk of decrease of the control over the swallowing reflex.
- For young children who have a history of convulsions. This medicine actually contains levomenthol.
- If you are using other medication. Please also read the section headed “Other medicines and Covonia Lozenges Menthol”.

Consult your doctor if one of the above warnings applies to you, or if this has been the case in the past.

Children

Do not use this medicine on children younger than 12 years old.

Other medicines and Covonia Lozenges Menthol

Tell your doctor or pharmacist if you are using, have recently used or might use any other medicines.

- Do not use simultaneously with other disinfectants.

Covonia Lozenges Menthol and food and drink

No special precautions needed.

Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you might be pregnant or are planning to have a baby, ask your doctor or pharmacist before taking this medicine.
If the aforementioned precautions are respected, Covonia Lozenges Menthol can be used during pregnancy and breast-feeding.
Inform your doctor that you are using this medicine.

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Driving and using medicines

No special precautions needed.

Covonia Lozenges Menthol contains Levomenthol and Sorbitol

Covonia Lozenges Menthol contains levomenthol; be careful with young children who have a history of convulsions.
Covonia Lozenges Menthol contains sorbitol. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product. Sorbitol may have a mild laxative effect.
The calorific value is 2.6Kcal/g sorbitol.

3. HOW TO USE COVONIA LOZENGES MENTHOL.

Always use Covonia Lozenges Menthol exactly as your doctor has told you.
Check with your doctor or pharmacist if you are not sure.
This medicine must not be used for long periods. Consult a doctor, if your symptoms worsen or do not improve after 3 to 4 days.
The recommended dose is:
Adults: 6 to 10 lozenges per day.
Allow the lozenge to melt in the mouth slowly.

Use in children and adolescents

Children from 12 years old: 3 to 5 lozenges per day.
Allow the lozenge to melt in the mouth slowly.

If you use more Covonia Lozenges Menthol than you should

This medicine contains only a fraction of the toxic dose. If used appropriately the risks of an overdose are very small.
Symptoms of an overdose are: restlessness, tinnitus, breathing difficulties, disruption of the cardiac rhythm, reduced control on the swallowing reflex.

If you forget to use Covonia Lozenges Menthol

No special precautions needed.

If you stop using Covonia Lozenges Menthol

No special precautions needed.
If you have further questions on the use of this medicine, ask your doctor or pharmacist.

4. POSSIBLE SIDE EFFECTS

Like all medicines, Covonia Lozenges Menthol can cause side effects, although not everybody gets them.

- Very seldom: allergic reactions of the skin and of mucous membranes.
- Exceptionally taste disorders, an irritating feeling on the tongue, and severe allergic reactions (anaphylactic reactions) may occur.
- In case of protracted and uninterrupted use a brown colouring of the teeth can occur. This brown colour is easy to remove, however.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for 'MHRA Yellow Card' in the Google Play or Apple App Store.
By reporting side effects you can help provide more information on the safety of this medicine.

5. HOW TO STORE COVONIA LOZENGES MENTHOL

Keep this medicine out of the sight and reach of children. Store below 25°C. Do not use Covonia Lozenges Menthol after the expiry date which is stated on the box/blister after “EXP”. The first two figures indicate the month, the following two or four figures the year. The expiry date refers to the last day of that month.

6. CONTENTS OF THE PACK AND OTHER INFORMATION

What Covonia Lozenges Menthol contains

- The active substances are: chlorhexidine dihydrochloride 5mg, lidocaine hydrochloride 1mg.
- The other ingredients are: sorbitol (E420), magnesium stearate, anhydrous citric acid (E330), levomenthol.

What Covonia Lozenges Menthol looks like and contents of the pack

Covonia Lozenges Menthol is available in a box with 12, 24 or 36 compressed lozenges in a perforated unit dose blister.
Not all pack sizes may be marketed.

Marketing Authorisation Holder and Manufacturer

Marketing Authorisation Holder: Thornton & Ross Ltd, Linthwaite, Huddersfield, HD7 5QH, UK.
Manufacturer: Laboratoria Qualiphar N.V/S.A, Rijksweg 9, 2880 Bornem, Belgium.

This leaflet was last revised in May 2018

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MHRA Header Box

Product Title	Covonia Medicated Sore Throat 5mg/1mg Lozenges Menthol Flavour			**Colours Used**	**Fonts Used**	**Point Sizes Used** Min	Max
				Process Black	Helvetica Neue LT Std	8.5pt	13pt
Component	Leaflet			Keyline (Non-Printing)			
Pack Size	36's						
IG Code	92795121710						
Dimensions	200 x 148mm						
Proof No.	2	**Date**	06.06.2018				

PCP Header Box

Operator	GKE			**Approved by** **Date**
Artwork No.	954570			
CRN	13545	**Suffix**	C	
Reason for Change	New product introduction			
				Issued by **Date**
MHRA/IMB submission required	Yes			