

# Covonia Medicated Sore Throat 5mg/1mg Lozenges Lemon Flavour

Chlorhexidine dihydrochloride,  
Lidocaine hydrochloride monohydrate

## Patient Information Leaflet

The name of your medicine is Covonia Medicated Sore Throat 5mg/1mg Lozenges Lemon Flavour, which will be referred to as Covonia Lozenges Lemon throughout this leaflet.

**Read all of this leaflet carefully before you start using this medicine because it contains important information for you.**

Always use this medicine as described in this leaflet or as your doctor or pharmacist has told you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.
- You must talk to a doctor if you do not feel better or if you feel worse after 3 to 4 days.

### What is in this leaflet:

1. What Covonia Lozenges Lemon is and what it is used for.
2. What you need to know before you take Covonia Lozenges Lemon.
3. How to take Covonia Lozenges Lemon.
4. Possible side effects.
5. How to store Covonia Lozenges Lemon.
6. Contents of the pack and other information.

### 1. WHAT COVONIA LOZENGES LEMON IS AND WHAT IT IS USED FOR.

Covonia Lozenges Lemon is a compressed lozenge for local action in the mouth and the pharynx. It is an antiseptic and local pain-killer.

Covonia Lozenges Lemon is recommended for:

- The treatment of the symptoms of a sore throat, red throat, disorders of the pharynx accompanied by irritation.
- In case of bacterial infection accompanied by fever, an additional treatment is necessary;
- Covonia Lozenges Lemon is sugar-free and is therefore also suited for diabetics.

### 2. WHAT YOU NEED TO KNOW BEFORE YOU TAKE COVONIA LOZENGES LEMON.

#### Do not use Covonia Lozenges Lemon

- If you are allergic to chlorhexidine dihydrochloride or lidocaine hydrochloride monohydrate or any of the other ingredients of Covonia Lozenges Lemon (listed in section 6).
- On children younger than 12 years old.

#### Warnings and precautions

Talk to your doctor or pharmacist before using Covonia Lozenges Lemon.

- Covonia Lozenges Lemon should not be used for long periods, uninterruptedly or repeatedly. Limit the use to strictly necessary relief of pain and irritation.
- In case of excessive dose (more than 20 lozenges per day) there is a small risk of decrease of the control over the swallowing reflex.
- If you are using other medication. Please also read the section headed "Other medicines and Covonia Lozenges Lemon".

Consult your doctor if one of the above warnings applies to you, or if this has been the case in the past.

#### Children

Do not use this medicine on children younger than 12 years old.

#### Other medicines and Covonia Lozenges Lemon

Tell your doctor or pharmacist if you are using, have recently used or might use any other medicines.

- Do not use simultaneously with other disinfectants.

#### Covonia Lozenges Lemon and food and drink

No special precautions needed.

#### Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you might be pregnant or are planning to have a baby, ask your doctor or pharmacist before taking this medicine.

If the aforementioned precautions are respected, Covonia Lozenges Lemon can be used during pregnancy and breast-feeding. Inform your doctor that you are using this medicine.

#### Driving and using medicines

No special precautions needed.

#### Covonia Lozenges Lemon contains sorbitol and aspartame

Covonia Lozenges Lemon contains 1209mg sorbitol per lozenge. If your doctor has told you that you or your child have an intolerance to some sugars, or if you have been diagnosed with hereditary fructose intolerance (HFI), a rare genetic disorder in which a person cannot break down fructose, contact your doctor before you or your child take or receive this medicine. Sorbitol may cause gastrointestinal discomfort and have a mild laxative effect. The calorific value is 2.6Kcal/g sorbitol. Covonia Lozenges Lemon contain 5mg aspartame per lozenge. Aspartame is a source of phenylalanine. It may be harmful if you have phenylketonuria (PKU), a rare genetic disorder in which phenylalanine builds up because the body can't remove it properly.

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### 3. HOW TO TAKE COVONIA LOZENGES LEMON.

Always use Covonia Lozenges Lemon exactly as your doctor has told you.

Check with your doctor or pharmacist if you are not sure.

This medicine must not be used for long periods.

Consult a doctor, if your symptoms worsen or do not improve after 3 to 4 days.

The recommended dose is:

Adults: 6 to 10 lozenges per day. Allow the lozenge to melt in the mouth slowly.

#### **Use in children and adolescents**

Children from 12 years old: 3 to 5 lozenges per day.

Allow the lozenge to melt in the mouth slowly.

**Warning: Do not take more medicine than the leaflet tells you to.**

**If you use more Covonia Lozenges Lemon than you should**

This medicine contains only a fraction of the toxic dose. If used appropriately the risks of an overdose are very small.

Symptoms of an overdose are: restlessness, tinnitus, breathing difficulties, disruption of the cardiac rhythm, reduced control on the swallowing reflex.

**If you forget to use Covonia Lozenges Lemon**

No special precautions needed.

**If you stop using Covonia Lozenges Lemon**

No special precautions needed.

If you have further questions on the use of this medicine, ask your doctor or pharmacist.

### 4. POSSIBLE SIDE EFFECTS

Like all medicines, Covonia Lozenges Lemon can cause side effects, although not everybody gets them.

- Very seldom: allergic reactions of the skin and of mucous membranes.
- Exceptionally taste disorders, an irritating feeling on the tongue, and severe allergic reactions (anaphylactic reactions) may occur.
- In case of protracted and uninterrupted use a brown colouring of the teeth can occur. This brown colour is easy to remove, however.
- Transient tingling/numbness of the mouth.

### Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for 'MHRA Yellow Card' in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

### 5. HOW TO STORE COVONIA LOZENGES LEMON

Keep this medicine out of the sight and reach of children. Store below 25°C. Do not use Covonia Lozenges Lemon after the expiry date which is stated on the box/blister after "EXP". The first two figures indicate the month, the following two or four figures the year. The expiry date refers to the last day of that month.

### 6. CONTENTS OF THE PACK AND OTHER INFORMATION

#### **What Covonia Lozenges Lemon contains**

- The active substances are: chlorhexidine dihydrochloride 5mg, lidocaine hydrochloride monohydrate 1mg.
- The other ingredients are: sorbitol (E420), magnesium stearate, aspartame (E951), lemon flavour, acesulfame K (E950).

#### **What Covonia Lozenges Lemon looks like and contents of the pack**

Covonia Lozenges Lemon is available in a box with 12, 24 or 36 compressed lozenges in a perforated unit dose blister.

Not all pack sizes may be marketed.

#### **Marketing Authorisation Holder and Manufacturer**

Marketing Authorisation Holder: Thornton & Ross Ltd, Linthwaite, Huddersfield, HD7 5QH, UK.

Manufacturer: Laboratoria Qualiphar N.V/S.A, Rijksweg 9, 2880 Bornem, Belgium.

**This leaflet was last revised in November 2023**

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