Read all of this leaflet carefully because it contains important information for you. This medicine is available without prescription. However, you still need to take Strepsils Menthol 1.2mg/0.6mg Lozenges carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must contact a doctor if your symptoms worsen or do not improve after 3 days
- If any of the side effects become serious, or if you notice any side effect not listed in this leaflet, please tell your doctor or pharmacist.

- 1. What Strepsils Menthol 1.2mg/0.6mg Lozenges are and what they are used for
- 2. Before you take Strepsils Menthol 1.2mg/0.6mg Lozenges
- 3. How to take Strepsils Menthol 1.2mg/0.6mg Lozenges
- 4. Possible side effects
- 5. How to store Strepsils Menthol 1.2mg/0.6mg Lozenges
- 6. Further information

#### 1. WHAT STREPSILS MENTHOL 1.2MG/0.6MG LOZENGES ARE AND WHAT THEY ARE USED FOR

Strepsils Menthol 1.2mg/0.6mg Lozenges contains two antiseptic ingredients for use in throat medications. These are used for the symptomatic relief of mouth and throat infections. These ingredients are both mild antiseptics which kill the bacteria associated with mouth and throat infections. The action of sucking the lozenge allows the active ingredients to work in the area of the discomfort and also helps lubricate and soothe the painful area. This helps relieve the soreness and discomfort of mouth and throat

#### 2. BEFORE YOU TAKE STREPSILS MENTHOL 1.2MG/0.6MG LOZENGES

This product is recommended for adults, children (over 12 years old) and the elderly. Children under 12 years old should not use this product.

#### Do not take this product if you:

- are allergic (hypersensitive) to 2,4-dichlorobenzyl alcohol, amylmetacresol, or any of the other ingredients shown in Section 6 Further Information
- are under 12 years old.

### Do not take this product if:

 You have an intolerance to certain sugars such as fructose, glucose-galactose and sucrose-isomaltose. These would be normally confirmed by your doctor. Intolerance would lead from conditions such as deficiency of the enzyme fructose-1-phosphate aldolase (leading to fructose intolerance), glucose-galactose malabsorption and sucrase-isomaltase deficiencies.

#### Tell your doctor or pharmacist if you:

- · are taking or have recently taken any other medicines, including medicines obtained without a prescription.
- suffer or are suffering from any other throat problems

Pregnancy and breast-feeding
Check with your pharmacist or your doctor before taking this product if you think your are pregnant, are pregnant or are breastfeeding.

Ask your doctor or pharmacist for advice before taking any medicine.

## Important information about some of the ingredients in this product

This product contains sucrose and glucose. If you have been told by your doctor that you have an intolerance to some sugars contact your doctor before taking this product.

## 3. HOW TO TAKE STREPSILS MENTHOL 1.2MG/0.6MG LOZENGES

This product is for short term use only. You should take the lowest dose for the shortest time necessary to relieve your symptoms.

Remove one lozenge from the foil blister packaging.

Dissolve one lozenge slowly in the mouth every 2 – 3 hours. Adults and elderly - One lozenge to be dissolved slowly in the mouth every 2 - 3 hours up to a maximum of 12 lozenges in 24 hours
Children 12 to 16 years old – One lozenge to be dissolved slowly in the mouth every

2 - 3 hours up to a maximum of 8 lozenges in 24 hours

It is not recommended that children under 12 years use this product.

If symptoms persist, have not improved, or have worsened after 3 days, consult a doctor

## If you take more of this product than you should

Replace the foil blister back into the cardboard carton. Place lozenge into the mouth allowing it to dissolve slowly.

You may experience stomach discomfort.

Do not take any more of this product and consult your doctor or pharmacist.

## If you forget to take this product

Do not take a double dose to make up for a forgotten lozenge. Continue to use this product normally.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

#### 4. POSSIBLE SIDE EFFECTS

Like all medicines, Strepsils Menthol 1.2mg/0.6mg Lozenges can cause side effects,

although not everybody gets them.

If you experience any hypersensitivity to this product i.e. itching, burning sensation and/or discomfort of the mouth, stop taking this product and consult your doctor or

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

#### Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard
By reporting side effects you can help provide more information on the safety of this

# 5. HOW TO STORE STREPSILS MENTHOL 1.2MG/0.6MG LOZENGES

Keep out of the sight and reach of children. Do not use this product after the expiry date which is stated on the carton. The expiry date refers to the last day of that month

Do not store above 25°C Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

# 6. FURTHER INFORMATION

What is in the pack
The active substances are: 2,4-Dichlorobenzyl alcohol 1.2mg, Amylmetacresol 0.6mg

The other ingredients are: Xylitol, cool mint sensation flavour (contains propylene glycol), Levomenthol, Spearmint, Eucalyptus Oil, Liquid Sucrose, Liquid Glucose.

# What Strepsils Menthol 1.2mg/0.6mg Lozenges looks like

A white to pale yellow coloured lozenge with a characteristic taste of cool mint and the Strepsils brand icon pressed on both sides.

#### **Marketing Authorisation Holder:**

Reckitt Benckiser Healthcare (UK) Limited, Slough, SL1 3UH

# Manufacturer

Reckitt Benckiser Healthcare International Limited, Nottingham, NG90 2DB

Licence Number: PL 00063/0469 **Date of preparation December 2016**