

Information for the user



Children's Allergy Relief Antihistamine 2 mg/5 ml Syrup (Chlorphenamine Maleate)

Read all of this leaflet carefully because it contains important information for you.

This medicine is available without prescription to treat minor conditions. However, you still need to give it carefully to get the best results from it.

- Keep this leaflet, you may need to read it again
- Ask your pharmacist if you need more information or advice
- The leaflet is written in terms of giving this medicine to your child, but if you are an adult who is intending to take this medicine yourself the information in this leaflet will apply to you as well

What this medicine is for

This medicine contains Chlorphenamine Maleate, which belongs to a group of medicines called antihistamines, which act to relieve the symptoms of allergic reactions.

It can be used to relieve itching and redness of the skin and swelling associated with allergies, insect bites, hayfever and other allergic conditions including reactions to food and medicines and year round sneezing and runny nose.

Before you give this medicine

This medicine can be given to children from the age of 1 year. However, some children should not be given this medicine or you should seek the advice of their pharmacist or doctor first.

X Do not give:

- **If your child is under 1 year**
- **If your child is having an asthma attack**
- **If your child is allergic** to any of the ingredients, or any other antihistamines (your child may have had a rash, difficulty breathing, swollen lips or face after taking them)
- **If your child is taking monoamine oxidase inhibitors** (for depression) or has taken them in the last 14 days

! Talk to your pharmacist or doctor:

- If your child has epilepsy, heart or circulatory disease, liver problems
- If your child has high blood pressure or glaucoma

- If your child has asthma, bronchitis or bronchiectasis
- If your child has an overactive thyroid
- If your child has difficulty passing urine
- If your child has an obstruction in their intestine
- If your child has a rare blood disease called porphyria

Other important information

Information about some of the ingredients:

This medicine contains maltitol liquid, which may have a mild laxative effect. If you have been told by your doctor that your child has an intolerance to some sugars, consult your doctor before giving this medicine. This medicine contains 1 g maltitol per 5 ml. This provides 2 kcal.

This medicine contains small amounts of alcohol (ethanol), less than 100 mg per 5 ml.

Information for adults intending to take this medicine

Driving and using machines: This medicine may cause drowsiness. If affected do not drive or operate machinery. Avoid alcoholic drink.

Talk to your pharmacist or doctor if you are a man with prostate problems.

Pregnancy and breastfeeding: Do not take this medicine.

If your child takes other medicines

Before you give this medicine, make sure that you tell your pharmacist about ANY other medicines you might be giving your child at the same time, particularly the following:

- Other antihistamines
- Strong painkillers
- Sleeping tablets
- Tranquillisers, antidepressants or other medicines for mental problems
- Phenytoin (for epilepsy)
- Atropine

If you are unsure about interactions with any other medicines, talk to your pharmacist. This includes medicines prescribed by your doctor and medicine you have bought for your child, including herbal and homeopathic remedies.

✓ How to give this medicine

Check the seal is not broken before first use. If it is, do not give the medicine.

Always use the syringe supplied with the pack. The syringe can be used to measure 2.5 ml or 5 ml by drawing the liquid to the correct mark on the syringe.

Give this medicine to your child to swallow.

| Age | How much to give | How often to give |
|-----------------------------|------------------|---|
| Children of 12 to 23 months | 2.5 ml | Up to 2 times in 24 hours, if you need to |
| Children of 2 to 5 years | 2.5 ml | Up to 6 times in 24 hours, if you need to |

| | | |
|--|-------|---|
| Children of 6 to 11 years | 5 ml | Up to 6 times in 24 hours, if you need to |
| Children of 12 years and over, and adults | 10 ml | Up to 6 times in 24 hours, if you need to |
| Don't give more often than every 4 to 6 hours | | |

Do not give to children under 1 year.

Do not give more than the amount recommended above.

If symptoms do not go away within 5 days talk to your pharmacist or doctor.

Directions for using the syringe:

1. Push the syringe firmly into the plug (hole) in the neck of the bottle.
2. To fill the syringe, turn the bottle upside down. Whilst holding the syringe in place, gently pull the plunger down drawing the medicine to the correct mark (2.5 ml or 5 ml) on the syringe.
3. Turn the bottle the right way up, and then gently twist the syringe to remove from the bottle plug.
4. Place the end of the syringe into the child's mouth, normally to the side of the mouth between the gums and cheek. Press the plunger down to slowly and gently release the medicine.
5. If the table above advises you to give more than 5 ml of the medicine, repeat steps 1-4 to give your child the correct amount of medicine.

After use replace the cap on the top of the bottle tightly.

Wash the syringe in warm water and allow to dry.

! If you give too much: Talk to your doctor or go to your nearest hospital casualty department straight away. Take the medicine and this leaflet with you.

Possible side effects

Most people will not have problems, but some may get some:

- Drowsiness (which may make your child fall asleep)
- Dizziness, blurred vision, headaches, fits
- Dry mouth, difficulty in passing urine, sweating
- Skin rash, sensitivity to sunlight, other allergic reactions
- Indigestion, stomach pain, loss of appetite
- Tremors, muscle pain or weakness, impaired movement or co-ordination, pins and needles
- Change in heart rate, palpitations, low blood pressure, ringing in the ears, hair loss
- Blood problems such as anaemia, weariness
- Sleep disturbance
- Liver problems (which may cause yellowing of the skin or eyes)
- Chest pain
- Cough, phlegm on the chest – these may be caused by thickened bronchial secretions (mucous) in your lungs
- Difficulty concentrating, irritability, depression
- Hyperactivity in children

- Confusion in the elderly

Very young children and elderly adults may be more likely to get some of these side effects.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine

How to store this medicine

Keep this medicine in a safe place out of the sight and reach of children, preferably in a locked cupboard.

Use by the date on the end flap of the carton.

What is in this medicine

Each 5 ml of oral solution contains Chlorphenamine Maleate 2 mg, which is the active ingredient.

As well as the active ingredient, the solution also contains purified water, glycerol (E422), maltitol liquid (E965), citric acid monohydrate, sodium benzoate (E211), mint flavour (containing ethanol 0.2 vol %).

This pack contains 150 ml. The medicine is a clear, colourless mint flavoured syrup.

Who makes this medicine

Manufactured for the Marketing Authorisation holder The Boots Company PLC Nottingham NG2 3AA by BCM Ltd Nottingham NG2 3AA

Leaflet prepared April 2018

If you would like any further information about this medicine, please contact The Boots Company PLC Nottingham NG2 3AA.

WBAG318611B