

PMS 185 C

For further information relating to this proof, please contact the operator stated below. Telephone: 01555 665493			CLIENT CHECKLIST	
Client: The Mentholatum Co Ltd Job Title: Deep Heat Maximum PIL			Packaging Type:	Leaflet
Owner: Clare Douglas	<b>Comp. Code:</b> D4239-2	CC No.: 16275	Profile Reference:	N/A
<b>Date:</b> 26/2/22	Proof No: 21156/App	Operator: John Telfer	Dimensions:	212 x 140mm
Final Approval Granted Client Signature			Substrate:	50g Drewson Bond Opaques
Comments:			Print Process:	Litho
			Special Finishes:	N/A
			Varnish:	N/A
			Braille Text.:	N'AS
			2D Pharma Code:	Yes/No
			Barcode No.:	D4239-2
			Bar Width Reduction:	N/A
BLACK CUTTER	R		Minimum Point Size:	9.5pt

## I40mm

#### 3. How to use Deep Heat Max Strength

Deep Heat Max Strength is for adults and children over 5 years.

- always try on a small area first
- gently massage a thin layer of Deep Heat Max Strength to the affected area until the cream is rubbed in
- apply Deep Heat Max Strength 2-3 times daily always wash your hands immediately after use so that you do not transfer it to sensitive areas such as your lips or eyes. If this occurs, wash away with plenty of clean water.
- if your symptoms do not improve see your doctor
- stop using Deep Heat Max Strength if you get excessive skin irritation or other unwanted effects

Do not cover the skin with bandages, plasters or any other dressing. However, it is safe to cover the skin with your clothes.

#### If you use more Deep Heat Max Strength than you should

If you accidentally squeeze out too much cream use a tissue to wipe off any excess.

If you or a child accidentally swallow the cream contact your doctor or hospital immediately.

## If you forget to use Deep Heat Max Strength

If you forget to use the cream apply Deep Heat Max Strength again when you remember. Do not use the cream more than 3 times in one

## 4. Possible side effects

Like all medicines Deep Heat Max Strength can cause side effects, although not everybody gets

The following effects may occur, particularly if you have sensitive skin or if you use Deep Heat Max Strength in hot weather or after a hot bath:

- temporary skin redness burning sensation
- rashes
- skin burns or blisters

Stop using Deep Heat Max Strength and tell your doctor if you experience excessive skin irritation or other unwanted effects.

#### Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of medicines.

### 5. How to store Deep Heat Max Strength

#### Keep out of the sight and reach of children. Store below 25°C.

Do not use after the expiry date which is printed on the tube and carton. The 'expiry' date refers to the last day of that month.

Take any Deep Heat Max Strength that is out of date to a pharmacist for disposal.

### 6. Further information

# What Deep Heat Max Strength contains

The active substances are:

- Methyl salicylate 30.00% w/w
- 8.00% w/w Menthol

The other ingredients are: sorbitan stearate, polyoxyethylene hexadecyl ether, glyceryl stearate, sodium lauryl sulfate, poloxamer 407 and water.

#### What Deep Heat Max Strength looks like and contents of the pack

Deep Heat Max Strength is a white cream. Each tube contains 35g.

Marketing authorisation holder and manufacturer:

The Mentholatum Company Limited, East Kilbride, G74 5PE, Scotland, UK. Tel: 01355 848484

### PL 00189/0016

For any information about this product please contact the manufacturer at the above address.

This leaflet was revised in February 2022



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