

Leaflet Front CR70

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Vocalzone®

PACKAGE LEAFLET: INFORMATION FOR THE USER
Vocalzone Throat Pastilles
Menthol, Peppermint Oil, Myrrh Tincture

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Always take this medicine exactly as described in this leaflet.
- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet.
- You must contact a doctor if your symptoms worsen or do not improve.

What is in this leaflet

1. What this medicine is and what it is used for
2. Before you take this medicine
3. How to take this medicine
4. Possible side effects
5. How to store this medicine
6. Contents of the pack and other information

1 What this medicine is and what it is used for

These pastilles contain the active ingredients menthol, peppermint oil and myrrh tincture which soothe and help to reduce inflammation. Vocalzone are recommended to help relieve throat irritation or dryness which may occur if you have been talking, singing or smoking excessively or if you have a cold.

2 Before you take this medicine

Do not

- take these pastilles if you are hypersensitive (allergic) to the active ingredients or any of the other ingredients in this medicine (listed in section 6).
- give to children under 12 years.

Pregnancy and breast-feeding

Ask your doctor or pharmacist for advice before taking any medication.

If you are pregnant, or think you may be pregnant please ask your doctor or pharmacist before using these pastilles. They may not be suitable for you.

Important information about some of the ingredients of this medicine

These pastilles contain sucrose and glucose. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this product.

3 How to take this medicine

Always take this medicine exactly as described in this leaflet. Check with your pharmacist if you are not sure.

Dosage

Adults, the elderly and children over 12 years:

- Dissolve one pastille in the mouth and breathe deeply. Repeat every two hours if required.
- **Do not give to children under 12 years.**
- Do not exceed the stated dose.
- If symptoms persist, consult your doctor.

If you take too many pastilles: talk to a doctor or pharmacist straight away.

If you have any further questions on the use of this medicine, ask your pharmacist.

4 Possible side effects

Some people may have side-effects when taking this medicine. If you have any unwanted side-effects you should seek advice from your doctor, pharmacist or other healthcare professional.

Also you can help to collect more information on the safety of this medicine by reporting any unwanted side-effects via the internet at www.mhra.gov.uk/yellowcard; alternatively you can call Freephone 0800 100 3352 (available between 10am-2pm Monday – Friday) or fill in a paper form available from your local pharmacy.

If you get any of these serious side effects, stop taking this medicine. See a doctor at once:

- Difficulty in breathing, swelling of the face, neck, tongue or throat and rash (severe allergic reactions).

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5 How to store this medicine

- Store below 25°C.
- Do not take after the expiry date (last day of the month) printed on the carton after 'EXP'.
- Keep out of the reach and sight of children.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6 Contents of the pack and other information

What this medicine contains

Each pastille contains the active ingredients menthol 1.07%w/w, peppermint oil 0.54%w/w, myrrh tincture 1.39%v/w.

Also contains: sucrose, liquid glucose, Crystal Tex 85, vegetable oil, beeswax, vegetable carbon (E153), liquorice extract, purified water.

What this medicine looks like and contents of the pack

They are brown/black, round pastilles with the letters 'VZ' on one face. They are available in blister packs of 24.

Marketing Authorisation Holder

Kestrel Medical Limited,
Kestrel House, 7 Moor Road,
Broadstone, Dorset,
BH18 8AZ, UK.

Manufacturer

Ernest Jackson & Co. Ltd, Crediton,
Devon, EX17 3AP, UK.

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Other formats

To request a copy of this leaflet in Braille, large print or audio please call 01202 658444

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