

PRODUCT SPECIFICATIONS	
Alarm	Yes
Activity/Sports	<p>Step Counter</p> <p>Calories Burned</p> <p>Floors Climbed</p> <p>Distance Travelled</p> <p>Intensity Minutes</p> <p>Trueup™</p> <p>Move IQ™</p> <p>Garmin Connect™ Challenges App</p> <p>Automatic Rep Counting</p> <p>Available Gym Activity Profiles Strength, HIIT, Cardio and Elliptical Training, Stair Stepping, Floor Climbing, Indoor rowing, Jump Roping, Triathlon,</p> <p>Swimming/Running, Walking, Pilates, Yoga, Indoor Walking, Treadmill Running, Indoor Track Running plus loads more</p> <p>On-Screen Workout Animations</p> <p>On-Screen Workout Muscle Maps</p>
Battery Life	<p>Smartwatch: Up to 34 days / 46 days with solar*</p> <p>Battery Saver Watch Mode: Up to 111 days / 550 days with solar*</p> <p>GPS: Up to 110 hours / 150 hours with solar**</p> <p>All Satellite Systems: Up to 78 hours / 96 hours with solar**</p> <p>All Satellite Systems and Multi-band: Up to 68 hours / 81 hours with solar**</p> <p>All Satellite Systems and Music: Up to 20 hours</p> <p>Max Battery GPS: Up to 264 hours / 714 with solar**</p> <p>Expedition GPS: 77 days / 172 days with solar*</p> <p>*Solar charging, assuming all-day wear with 3 hours per day outside in 50,000 lux conditions</p> <p>**Solar charging, assuming use in 50,000 lux conditions</p>
Compatibility with Smart Phone	iPhone®, Android™
Connectivity Type	Bluetooth®, ANT+®, Wi-Fi®
Dimensions	<p>51 x 51 x 15.6 (mm)</p> <p>Fits wrists with the following circumference:</p> <p>Sport loop: 110-220 mm</p> <p>Silicone band: 127-210 mm</p>
Display Detail	<p>Display Size 1.4" (35.56 mm) diameter</p> <p>Display Resolution 280 X 280 Pixels</p> <p>Display Type Sunlight-visible, transfective memory-in-pixel (MIP)</p>
Location Services	GPS, Find my Phone, Find my Watch
Materials	<p>Strap material Ultra light-weight elastic nylon hook and loop</p> <p>Lens material Power Sapphire™</p> <p>Bezel material Titanium</p> <p>Case material Fibre-reinforced polymer with titanium rear cover</p>
Memory	32GB
NFC Information	Garmin Pay™
Sensors & Health monitoring	<p>Wrist-Based Heart Rate</p> <p>Daily Resting Heart Rate</p> <p>Abnormal Heart Rate Alerts</p> <p>Garmin Ecg App</p> <p>Body Battery™ Energy Monitor</p> <p>All-Day Stress Tracking</p> <p>Relaxation Reminders</p> <p>Relaxation Breathing Timer</p> <p>Sleep Score And Insights</p> <p>Hydration</p> <p>Women'S Health</p> <p>Health Snapshot</p>
Safety Tracking Features	<p>Livetrack</p> <p>Live Event Sharing Android™ Only</p> <p>Incident Detection During Select Activities</p> <p>Incident Detection Alert On Phone For Wearables</p> <p>Group LiveTrack</p> <p>Live Event Sharing</p> <p>Assistance</p>
Screen size	1.3" (33.02 mm) diameter
Smart Features	<p>Connect IQ™ (Downloadable Watch Faces, Data Fields, Widgets And Apps)</p> <p>On-Device Connect IQ™ Store</p> <p>Smart Notifications</p> <p>Text Response/Reject Phone Call With Text (Android™ Only)</p> <p>Calendar</p> <p>Weather</p> <p>Realtime Settings Sync With Garmin Connect™ Mobile</p> <p>Battery Saver - Customisable Low Power Watch</p> <p>Music Storage</p>

	Virb® Camera Remote Pairs With Garmin Golf App
Strap Colour	Black
Touch screen	Yes
Watch Type	Fitness Smart Watch
Water Resistance	Yes -Water Rating 10 ATM
Weight	70 g (case only: 64 g)
Wi-Fi/Wireless Connectivity	Yes