

## AVERAGE VALUES

### PER DAILY DOSE (1 STICK) %NRV\*

Sodium	530 mg	-
Potassium	370 mg	19%
Vitamin C	73 mg	91%
Niacin (Vitamin B3)	22.8 mg	143%
Pantothenic Acid (Vitamin B5)	11.4 mg	190%
Vitamin B6	2.3 mg	164%
Vitamin B12	6.8 µg	272%

\*NRV: Nutrient Reference Values

\*\*Carbohydrates per daily dose: 13 g