

<b>Nutrient</b>	<b>Strength</b>	<b>Unit</b>	<b>% NRV</b>
Vitamin A	800	µg RE	100
Vitamin D3	5	µg	100
Vitamin E	12	mg α-TE	100
Vitamin K	75	µg	100
Vitamin C	80	mg	100
Thiamin (Vitamin B1)	1.1	mg	100
Riboflavin (Vitamin B2)	1.4	mg	100
Niacin	16	mg NE	100
Vitamin B6	1.4	mg	100
Folic Acid	200	µg	100
Vitamin B12	2.5	µg	100
Biotin	50	µg	100
Pantothenic Acid	6	mg	100
Magnesium	60	mg	16
Iron	14	mg	100
Zinc	10	mg	100
Copper	0.5	mg	50
Manganese	0.5	mg	25
Iodine	150	µg	100
Korean Ginseng Extract	20	mg	-
equivalent to Korean Ginseng Powder	200	mg	-
And providing Ginsenodies	4	mg	-