

Nutrient	Per capsule	Unit	% NRV
Fish Body Oil	328	mg	-
Evening Primrose Oil	122	mg	-
Olive Oil	153	mg	-
providing Omega 3	180	mg	-
of which EPA	85	mg	-
& DHA	55	mg	-
Omega 6	80	mg	-
& Omega 9	80	mg	-

NRV means Nutrient Reference Value.