

PATIENT INFORMATION LEAFLET

Boots Epsom Salts B.P.

(Magnesium Sulphate)

for relief of
occasional constipation

200 g

About this Product

Boots Epsom Salts B.P. are taken to relieve occasional constipation.

Dosage

Powder for oral use.

Adults and children over 12 years: Take 1g to 4g dissolved in a glass of warm water, once daily.

A level 5ml spoon holds about 5g.

When dissolved in water use within 24 hours.

Consult your doctor if the symptoms persist for more than 5 days.

Do not give to children under 12 years.

Warnings

Do not use in cases of intestinal blockage.

Consult your doctor before use if you are taking tetracyclines, digoxin, vitamins or iron supplements.

Do not use if you are pregnant or breast-feeding unless on the advice of your doctor.

Consult your doctor or pharmacist before use if you have kidney problems or you have been ill or you are elderly.

Tell your doctor you are taking Epsom Salts if you are going to be given an anaesthetic.

Prolonged use should be avoided as it may cause alkalosis (too much alkali in body fluids) and increased magnesium in the body.

Active Ingredients

Magnesium Sulphate 100%.

Storage

Keep out of the reach and sight of children.

Do not store above 25°C.

Once opened use within one month.

Revised Aug 2010

PL03105/0068

Manufactured for The Boots Company PLC Nottingham NG2 3AA by the Marketing Authorisation Holder Bell, Sons & Co. (Druggists) Ltd., Southport, PR9 9AL, England.

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