



ULTIMATE CHOICE FOR ADRENALINE

ACTIVITY
SUPERSTORE



MINI MONSTERTRUCK

Try a session of off road driving through waist deep mud, massive mounds and deep water. All of this in a European spec Mini Monster Truck which, as its name suggests, sits 5ft above ground level with wheels that are over 3ft in height and 1.5ft wide! This vehicle really can go anywhere, especially the mud! You'll be kitted out in army gear before meeting with your instructor for a quick safety briefing. Then it's time to get behind the wheel! You will be learning how to control the vehicle, get out of a few sticky situations and successfully tackle challenging gradients.

When can you go?

Throughout the year on selected dates.

How long does the experience last?

This experience will last approximately 1 hour.

You and how many others?

The session is carried out on a one-to-one basis with your tutor.

Restrictions

- Min age 17.

Location

- Angus (Dundee)





OVAL RIDE AT ROCKINGHAM

Rockingham is Europe's fastest banked oval racing circuit. You'll be riding shotgun next to a professional, reaching speeds upwards of 130 mph. Your ride will be either a two seater race car, an American V8 stock car or an American racing pick up truck and you'll be surprised how fast the latter can go. Your experience will begin with a full safety briefing with one of the instructors before getting in the car for the ride of your life.

When can you go?

Throughout the year on selected Saturday and Sunday dates.

How long does the experience last?

Your experience will last approximately 30 minutes.

You and how many others?

It will be just you and the driver in the car.

Restrictions

- Min age 16, under 18s need to be accompanied by an adult.
- Min height 1.47m (4ft 10").

Location

- Northamptonshire (Rockingham)





GRAND PRIX KARTING

Karting tests your driving skill and endurance to the utmost, so it's no surprise that this is the training ground for today's top Formula One drivers. After an initial briefing the competitive action begins with a typical programme consisting of a series of thrilling heats, semi-finals and top performers experiencing a heart-thumping final. If you're the fastest round the track you'll be awarded a prize trophy - a great souvenir to take home to remind you of your special day out!

When can you go?

Throughout the year on selected dates.

How long does the experience last?

The total experience will last approximately 1 ½ to 4 hours depending on the location.

You and how many others?

There will be up to a maximum of 100 people at the centre at any one time.

Restrictions

- You must be at least 16 years old but some venues do have a minimum age of 18 years old.
- Max weight 108kg (17st).
- Min height 1.57m (5ft 2").
- Max height 1.93m (6ft 4").
- This is quite a physical activity and may not be suitable if you have any health complaints.

Locations

- Avon (Bristol)
- Cardiff (Butetown)
- Dunbartonshire (Clydebank)
- Essex (Thurrock)
- Gwent (Newport)
- Hampshire (Andover)
- Hampshire (Eastleigh)
- Hampshire (Gosport)
- Kent (Chatham)
- Lanarkshire (Cambuslang)
- Lancashire (Three Sisters)
- Northamptonshire (Northampton)
- North Yorkshire (Monks Cross)
- Surrey (Camberley)
- West Midlands (Cosely)
- West Sussex (Crawley)





HOVERCRAFT BLAST

Even for those that have done every other conceivable motor sport, hovercraft piloting is somewhat of a unique experience! These amphibious crafts move on a cushion of air created by a powerful fan and are capable of moving over land or water and handle like no other machine! Do you have the balance, judgement and forward thinking to handle one like a pro? After familiarising yourself with the hovercraft and controls you will enjoy some practice runs, before flying around the course.

When can you go?

Throughout the year on selected dates.

How long does the experience last?

You will spend approximately 1 hour at the venue.

You and how many others?

There'll be a maximum of 8 people in your group but you will be driving the hovercraft by yourself.

Restrictions

- Min age 17.
- You will need to have general fitness and be able bodied to take part in this experience.

Locations

- Leicestershire (Market Harborough)
- Surrey (Woking)





TANK TASTER

Experience the thrill of driving a real 18-tonne army tank! Grouped with other recruits you will take turns in testing your tank driving and commanding skills in this dramatic and heavy-duty experience. To begin with you will be kitted out in army gear and meet with your instructor who will talk you through a quick safety briefing. Then you and the rest of your team will travel in the hull and take it in turns to drive the tank across a challenging obstacle course. After your experience you will be awarded a Tank Driving certificate.

When can you go?

Throughout the year on selected dates.

How long does the experience last?

This experience will last approximately 1 ½ hours.

You and how many others?

Your voucher is for one person and there will be up to eight people in your group.

Restrictions

- Min age 17.

Location

- Angus (Dundee)





OFF ROAD TASTER

Get behind the wheel and experience the fun, exhilaration and sheer adventure of 4x4 driving. Mud, holes, gullies, steep slopes - the most rugged terrain can be crossed if you are up to the challenge. Your session begins with an introductory briefing on off roading techniques, together with an explanation of 4WD systems. The instructor will do a demonstration drive, and then it's time for you to take turns at the wheel! The time spent by each participant behind the wheel varies between each location.

When can you go?

Throughout the year on selected dates.

How long does the experience last?

You will spend approximately 1 to 2 hours at the venue.

You and how many others?

There will be other people there on the day.

Restrictions

- Min age 17.
- Max weight 108kg (17st).
- Min height 1.52m (5ft).
- Max height 1.98m (6ft 6").
- You are required to hold a full valid UK or European driving licence, depending on location.

Locations

- Berkshire (Reading)
- Clywd (Wrexham)
- Durham (Witton Gilbert)
- Lincolnshire (Louth)
- London (Northolt)
- Nottinghamshire (Retford)
- Rutland (Greetham)
- Stirlingshire (Cambusbarrow)
- Swansea (Pontardawe)
- Warwickshire (Shipton-on-Stour)
- West Yorkshire (Ferrybridge)





PIRELLI PRO RALLY RIDE

Take the ultimate rally ride in the awesome 200 bhp Pirelli Rally car with a Pirelli Pro rally star. Feel the adrenaline pump as you witness left foot braking, high-speed cornering, handbrake turns and car control that will leave you breathless in the co-driver's seat! It doesn't get any closer to the action than this rally experience. As part of this amazing experience, you'll also get to spend the day using the theme park/museum facilities, as well as spectating at other motor sports events held on the day, depending on location.

When can you go?

February to November on selected dates.

How long does the experience last?

Your experience will last for approximately 10 minutes (ride time 3 to 5 minutes).

You and how many others?

This activity takes place on a one-to-one basis. However there could be up to 100 other people there on the day.

Restrictions

- Min age 8.
- Max weight 108kg (17st).
- Max height 2.05m (6ft 9").

Locations

- Hampshire (Aldershot)
- North Yorkshire (Ripon)
- Northamptonshire (Northampton)
- Warwickshire (Stoneleigh)





QUAD BIKING

There is nothing quite like quad bike riding. These agile machines are a cross between motorcycle and car and have a unique riding style. You'll encounter hill climbs and descents, lumps and bumps, see-saws and narrow bridges. An experienced instructor will be riding with you all the way to advise and demonstrate on how best to tackle some of the challenges.

When can you go?

Throughout the year on selected dates.

How long does the experience last?

You will be at the venue for approximately 1½ hours with around 1 hour's riding time.

You and how many others?

There'll be between 6 to 18 other people on the day.

Restrictions

- Min age 16.
- Max weight 114kg (18st).
- You'll need to have reasonable stamina as it is a physical experience.
- This is not suitable for those with health problems.

Locations

- Argyllshire (Argyll)
- Clywd (Wrexham)
- Durham (Witton Gilbert)
- Kent (West Malling)
- Leicestershire (Market Harborough)
- London (Northolt)
- North Yorkshire (Womersley)
- Nottinghamshire (Retford)
- Rutland (Greetham)
- Swansea (Pontardawe)





RAGE BUGGIES AT SILVERSTONE

If you like getting sideways, covered in mud or dust and would like to see what it feels like to 'drift' then you are going to love these awesome Rage Buggies! Rage Buggies are a custom built fully automatic dune buggy style vehicle using a 600cc Honda V-Twin engine. With some 14 inches of suspension travel and massive dirt tyres, these machines soak up all the lumps and bumps you can throw at them. This is a unique experience where you'll be sliding about and getting incredibly muddy in the wet. You'll find that the wetter the better!

When can you go?

Throughout the year on selected weekday dates, with limited weekend availability.

How long does the experience last?

You will spend approximately 1 hour at the venue.

You and how many others?

There will be other drivers there on the day.

Restrictions

- Min age 14.
- Max weight 114kg (18st).
- Min height 1.52m (4ft 10").
- Max height 1.90m (6ft 3").
- You will need basic knowledge of driving a motorised vehicle but a driving licence is not required.

Location

- Northamptonshire (Silverstone)





ZEGO THRILL

Zegos are a new, easy to control power catamaran guaranteed to excite riders and turn heads. Possessing fantastic stability and manoeuvrability, it is easy to learn, meaning you'll be riding like a pro in no time. Your experience will begin with a welcome and short safety briefing. You will learn to drive with an experienced instructor first so you can master the basics before being let loose to explore the limits of these machines yourself. Participants will also be presented with a personalised certificate.

When can you go?

Throughout the year,
Friday to Sunday.

How long does the experience last?

You will get 30 minutes at the controls and please allow an hour for the entire experience.

You and how many others?

All tuition is one-to-one with the instructor.

Restrictions

- Min age 17.
- Max weight 139kg (22st).

Location

- Northamptonshire (Grendon)





WHITE WATER RAFTING

Thunderous noise, churning water, rapids all around you and some serious teamwork required to get you through it all. This is the unbelievable thrill of white water rafting. You can choose from natural rapids or manmade rapids. This is an activity of sheer excitement - you will love it, although you are bound to get very, very wet! Under the guidance of your qualified instructor, you and the rest of the group will travel down river on a raft.

When can you go?

Natural: October to March on selected dates.

Manmade: March to November on selected dates.

How long does the experience last?

Natural: Approximately 2 to 3½ hours.

Manmade: Approximately 1 to 2 hours.

You and how many others?

There'll be a maximum of 6 others on the raft with you.

Restrictions

- Min age 18.
- Max weight 95kg (15st).
- You must be able to swim at least 50 metres and be reasonably fit.
- The experience is not always suitable for glasses or contact lens wearers.

Locations

Natural:

- Glamorgan (Bridgend)
- Gwynedd (Bala)
- Perthshire (Pitlochry)

Manmade:

- Co. Durham (Stockton-on-Tees)
- Northamptonshire (Northampton)





WATER SKIING

Skip across the surface of the water and try to keep your balance as you learn the secrets of waterskiing. Your instructor will teach you everything you need to know and you'll get a chance to practice on dry land before getting the chance to put what you've learned into practice. You will be amazed at how exhilarating it is to actually stand upright on the surface of the water, and once you've gained your confidence you can try out some more exciting moves.

When can you go?

April to October
on selected dates.

How long does the experience last?

Your experience will last between 20 - 30 minutes.

You and how many others?

Your tuition will be on a one-to-one basis.

Restrictions

- Min age 12.
- You need to be a confident swimmer (50 metres).
- Min shoe size 37 (size 4).
- Please make your instructor aware of any medical conditions prior to the experience.

Locations

- Buckinghamshire (Milton Keynes)
- Dorset (Poole)
- Hampshire (Fordingbridge)
- Norfolk (King's Lynn)
- Shropshire (Conover)
- Somerset (Woolavington)
- Surrey (Chertsey)





KAYAKING

Paddle your kayak down river, across the sea or over a lake, which ever you choose you will enjoy views only available from the water. The river and lake locations are ideal for both complete beginners and those with some experience, however if you feel you have the confidence to take on the powerful waves of the sea, then the coast will provide the thrills you need. Your experience will start with an introduction from your guide who will make sure you learn quickly and safely before leading you out to the water.

When can you go?

Throughout the year on selected dates.

How long does the experience last?

Your experience will last approximately 2 to 4 hours.

You and how many others?

There will be other people taking part on the day.

Restrictions

- Min age 18.
- You will need to be reasonably fit to take part in this activity.

Locations

- Avon (Nr Bristol)
- Berkshire (Maidenhead)
- Cornwall (Falmouth)
- Dorset (Poole)
- East Sussex (Brighton)
- Gloucestershire (Tewkesbury)
- Gwynedd (Bala)
- Hampshire (Beaulieu, Portsmouth)
- Somerset (Nr. Weston-Super-Mare)
- Warwickshire (Leamington Spa)
- West Midlands (Birmingham)
- Worcestershire (Bromsgrove)





ONE DAY SURFING COURSE

Get wet-suited and booted and learn to ride the waves! Enjoy a day of surfing with a qualified instructor. They will take you to some of the best surfing beaches in Newquay, where you will enjoy the thrill of surfing your first wave - an experience you will never forget! Beach safety, surfing skills both on the beach and in the water, standing up and turning are just some of the techniques you will achieve. During the full day you will have a great chance to master and improve these techniques.

When can you go?

Throughout the year on selected dates.

How long does the experience last?

Your experience will last the whole day.

You and how many others?

There will be a maximum of 9 other people in your group.

Restrictions

- Min age 8, under 16s must be accompanied by an adult.
- You need to be a confident swimmer (50 metres).
- You will need to be reasonably fit to take part in this activity.

Location

- Cornwall (Newquay)





POWERBOAT ZAPCAT THRILL

This is motocross or rallying on water! Zapcats are lightweight, high speed, insanely agile, adrenaline pumping, performance powerboats. The skill of the pilot, your determination, a couple of foot straps and ropes are all that is going to prevent you from going for a swim! They are great fun on calm water but even more so on waves and in the air! You'll learn how to position yourself in the boat, get the chance to drive, and get to experience a little of what its like to race these super agile craft.

When can you go?

Throughout the year on selected weekends.

How long does the experience last?

The experience will last approximately 20 minutes, with 1 hour at the venue.

Restrictions

- Min age 16, under 18's need parental consent.
- Max weight 127kg (20st).
- Min height 1.47m (4ft 10").
- Max height 1.93m (6ft 4").
- This is unsuitable for those who are pregnant, have neck or back problems, or heart/medical conditions.

You and how many others?

Instruction will be on a one-to-one basis. There will be other participants in your group.

Location

- Essex (Canvey Island)





WAKEBOARDING

Wakeboarding is an exciting mix of snowboarding, surfing and skateboarding. You are towed behind a powerful boat and use its wake to pull off a whole range of tricks. After a session of on-land training you will be ready to take to the water. You slip into your bindings and then you're up on your board for the first time. Pretty soon you'll progress from coming out of the water, to moving around and with luck - jumping the wakes.

When can you go?

April to October
on selected dates.

How long does the experience last?

You will spend approximately one hour at the venue with two 10-15 minute sessions on the water.

You and how many others?

It will just be you and the instructor.

Restrictions

- Min age 15.
- Min shoe size of 37 (size 4).
- You will need to be able to swim at least 50 meters.
- Please make your instructor aware of any medical conditions prior to the experience.

Locations

- Buckinghamshire (Milton Keynes)
- Dorset (Poole)
- Hampshire (Fordingbridge)
- Norfolk (King's Lynn)
- Shropshire (Conover)
- Somerset (Woolavington)
- Surrey (Chertsey)





ROCK CLIMBING EXPERIENCE

Rock climbing is an exhilarating way to pit yourself against gravity. Although you are always safely harnessed in, you are sure to find your heart racing. You will have a fully qualified instructor on hand to show you the basics and encourage you to reach the heady heights of the top of the wall, while learning how thrilling it is to find the perfect handhold and climb to victory - it's a sense of achievement which you'll remember forever. Just don't look down!

When can you go?

March to November on selected dates.

How long does the experience last?

Your session will last for approximately 3 - 4 hours.

You and how many others?

There will be a max of 9 people in your group.

Restrictions

- Min age 14, under 18s must be accompanied by an adult.
- This activity can be tiring but does not require a high level of fitness. Any concerns over medical or health issues should be checked before purchase.

Locations

- Avon (Bristol)
- Caernarfonshire (Bridgend)
- East Sussex (Nr. Tunbridge Wells)
- Gwynedd (Bala)
- Pembrokeshire (Haverfordwest)
- Somerset (Nr. Weston-Super-Mare)
- Somerset (Nr. Cheddar)





BUNGEE JUMP

Leap towards the earth with the world's maddest sport. You will be amazed by the sensation of falling to earth - and the extraordinary feeling of being pulled upwards by the elasticated rope. Once you have been fitted with your harnesses you will be winched up in the cage with a jump master. After you have steadied your nerve it will be "3-2-1 BUNGEE" and off you go! This really is a once-in-a-lifetime experience.

When can you go?

Throughout the year on selected dates.

How long does the experience last?

Your experience will last approximately 1½ hours and your jump and kitting will be around 10 minutes.

You and how many others?

There will be other jumpers there on the day but you'll be jumping by yourself.

Restrictions

- Min age 14, under 18s need parental consent on the day.
- The experience is not suitable for those suffering with certain health problems - please check before booking.
- Over 50's must provide a doctor's certificate to jump.

Locations

- Nationwide





ASSAULT COURSE FOR TWO

Climbing over walls, balancing on beams, and diving through tube slides is all part of this challenge. An assault course can vary wildly but generally includes two parallel lanes of specially designed obstacles including: walls, balance beams, seesaws, crawl nets, under over bars, river crossings (depending on season) and much more. It is tremendous for fitness and fun. This course is suitable for all and your instructor will tailor the approach and alter emphasis to suit your needs.

When can you go?

January to November
on selected dates.

How long does the experience last?

This experience will last approximately 2½ hours.

You and how many others?

There will be other people there on the day.

Restrictions

- Min age 12.
- You will need to be reasonably fit to take part in this activity.

Locations

- Avon (Bristol)
- Somerset (Weston-Super-Mare)





GLIDING WITH A WINCH LAUNCH

This is a fantastic chance to experience the excitement of powerless flight and to take in the wonderful scenery unfolding below you. After a pre-flight briefing, you will be strapped into the glider with your instructor. The glider is attached to a winch by a cable, and in a few moments you will be airborne! Once the cable is released you will search out some thermals and then gently glide back down to earth.

When can you go?

March to October on selected dates.

How long does the experience last?

The length of the flight will vary according to weather conditions but will be approximately 10 - 12 minutes.

You and how many others?

Your tuition is on a one-to-one basis.

Restrictions

- Min age 16.
- Max weight 104kg (16½st).
- The experience is not suitable for those suffering with certain health problems - please check before booking.

Location

- Essex (Colchester)





PARACHUTE SIMULATOR

Ever wanted to know what it feels like to freefall but are not quite brave enough to jump out of a plane? Well, this experience is just the thing to give you that taste. After an initial briefing you will make your ascent up to your jumping point. With your heart pounding and knees quaking your instructors will do the final checks before your spectacular descent, trust us, your heart will be in your mouth as you fall back down to reality.

When can you go?

Throughout the year on selected dates.

How long does the experience last?

This experience will last approximately 1 to 2 hours.

Restrictions

- Min age 11.
- Min weight 31kg (5st).
- Max weight 108kg (17st).
- Min height 1.3m (4ft 3").
- Max height 1.87m (6ft 2").
- Participants must be reasonably fit.
- This experience is not suitable for those suffering with certain health problems - please check before booking.
- Over 50s must provide a doctor's certificate to jump.

You and how many others?

There will be other people there on the day.

Locations

- Gwynedd (Betws-y-coed)
- South Yorkshire (Rotherham)





PAINTBALL FOR SIX

You're never too old to play soldiers! Dodge exploding pellets, gun down the enemy in simulated skirmishes, and crawl through the undergrowth searching for the opposition's HQ - all this excitement in an action packed day! Not only is paintballing great fun, it'll test your skills of endurance, quick-thinking, leadership and teamwork. Your day includes full equipment hire, 100 paintballs each and lunch. Further paintballs can be bought on the day from the supplier.

When can you go?

Throughout the year on selected dates.

How long does the experience last?

Your experience will last all day.

You and how many others?

There'll be a maximum of 194 other people in your group.

Restrictions

- Min age 12.
- You need to be reasonably fit as there will be lots of running around.
- No experience or qualifications are necessary for this activity.

ROI Locations*

- Co. Louth (Collon),
- Co. Monaghan (Killybrone),
- Co. Wicklow (Bray & Roundwood).

UK Locations

- Avon
- Berkshire
- Cardiff
- Cheshire
- Devon
- Essex
- Hampshire
- Herefordshire
- Kent
- Lanarkshire
- Lancashire
- Leicestershire
- Lincolnshire
- Midlothian
- Norfolk
- Northamptonshire
- North Yorkshire
- Staffordshire
- Surrey
- Tyne-and-Wear
- West Midlands
- West Sussex
- West Yorkshire

*Please note: lunch is not included at the ROI locations.



MOUNTAIN BOARDING FORTWO

Mountain boarding is a fairly new but well established extreme sport. The best way to describe a mountain board is imagining a snowboard with wheels and you're pretty close. They're designed to be very rugged and fast across all surfaces, so whether you're on grass hills, gravel tracks, streets, or BMX courses they offer an extreme ride. It is this ability to ride such a variety of terrain that makes mountain boarding unique to other board sports.

When can you go?

March to October
on selected dates.

How long does the experience last?

This experience will last approximately 2 hours.

You and how many others?

There will be other people there on the day.

Restrictions

- Min age 8, under 18s must be accompanied by an adult.

Location

- West Sussex (Chichester)





ICE CLIMBING

Are you up for scaling Europe's most challenging indoor ice wall? On arrival at the venue you will meet your instructor, who will conduct a full safety briefing. Then it's time for you to get kitted up with all the safety gear before heading to the ice wall. Your climb will be under strict supervision of an instructor at all times and tuition is on a one-to-one basis. Your experience will include 40 minutes ice climbing with a 20 minute brief.

When can you go?

Throughout the year on selected dates.

How long does the experience last?

Your experience will last for approximately 1 hour.

You and how many others?

Tuition is on a one-to-one basis. There will be a maximum of two people in your group.

Restrictions

- Min age 14, under 18s must be accompanied by an adult.
- All participants must be in reasonable health and climb at the discretion of the instructor.

Locations

- London (Covent Garden)
- Lancashire (Manchester)





INDOOR SKYDIVING

Imagine a wind tunnel similar to those used for testing the aerodynamics of a Formula One racing car, turn the tunnel upright, jump onto the airflow and you are skydiving. It's a proven concept operating in several countries to the benefit of the skydiving community and anyone else who wishes to taste the thrill of freefall in a completely safe environment. You will get two flights of one minute each - that's about the same as three tandem skydives.

When can you go?

Throughout the year on selected dates.

How long does the experience last?

This experience lasts roughly 1 hour at the venue, which includes 2 flights of 1 minute each.

You and how many others?

It will be just you and your instructor in the air.

Restrictions

- Min age 5, under 18s must be accompanied by an adult.
- Max weight 114kg (18st).
- You must be reasonably fit to participate.
- It is not suitable for pregnant women, if you suffer from a dislocated shoulder or are wearing a hard cast.

Locations

- Buckinghamshire (Milton Keynes)
- Greater Manchester (Manchester)





COASTEERING

Coasteering is a combination of rock climbing, scrambling, cliff jumping and swimming. When the going gets too steep, it's time to jump and swim to the next easy climb. As you ascend there are caves to explore and wildlife to see. This introductory session will enable you to learn the basic skills of coasteering. After a briefing on safety and technique it's time to head out, working out the best route with your team mates and dodging the waves.

When can you go?

Throughout the year on selected dates.

How long does the experience last?

Your experience will last approximately 2 - 3½ hours.

You and how many others?

There will be a maximum of 10 people in your group.

Restrictions

- Min age 12.
- Adventure activities can be tiring but do not require a high level of fitness.
- You must be able to swim and be confident in the water.
- Customers will be required to complete a simple 'Health Declaration' before taking part.

Locations

- Cornwall (Newquay)
- Pembrokeshire (Haverfordwest)
- Wales (Bridgend)





SKIING SESSION

Ever wondered what skiing would be like but never actually done anything about it? Or maybe you have already learnt to ski but want to get some practice in before jetting off to the slopes? Well this is the perfect experience for you. Getting from the top of a slope to the bottom with skis attached to your feet is quite a liberating and very rewarding experience! We may not have a lot of snow fall in Britain, but with indoor slopes there's no reason not to ski any time of the year!

When can you go?

Throughout the year on selected dates.

How long does the experience last?

Your session will last for approximately 1½ to 2 hours, but allow extra time to get your equipment.

Restrictions

- Min age 17.
- You will need to have general fitness to be able to participate in this activity.
- This activity is not suitable if you suffer from certain health problems - please check before booking.
- This experience is for all levels and abilities.

You and how many others?

There'll be a maximum of 10 other people in your group.

Locations

- Hertfordshire (Hemel Hempstead)
- Staffordshire (Tamworth)





SNOWBOARDING

It's almost impossible to watch someone snowboarding without feeling a little jealous - so here's your chance to strap your feet in and take to the slopes. Getting from the top of a slope to the bottom with a board attached to your feet is quite an exciting and adrenaline pumping experience! The lack of snow in the UK needn't be a problem as this experience takes place indoors!

When can you go?

Throughout the year on selected dates.

How long does the experience last?

Your session will last for approximately 1½ hours, but allow extra time to get your equipment.

Restrictions

- Min age 17.
- You will need to have general fitness to be able to participate in this activity.
- This activity is not suitable if you suffer from certain health problems - please check before booking.
- This experience is for all levels and abilities.

You and how many others?

There'll be a maximum of 10 other people in your group.

Location

- Hertfordshire (Hemel Hempstead)





AQUA SPHEREING® FOR TWO

Take one inflatable sphere and a sizeable hill and what have you got? The latest extreme activity which will see you writhing around in a ball where the sky is the ground and the ground is the sky. Riding down a hill at speeds of up to 30mph is fast-paced, exhilarating, and terrifying. What's more, you'll be completely free in the ball, slipping and sliding around with over 30 litres of water for company!

When can you go?

April to September on selected weekday dates.

How long does the experience last?

The experience lasts approximately 1 hour at the venue, with a 30 second ride.

You and how many others?

There'll be a maximum of 9 other people in your group.

Restrictions

- Min age 12, under 18s must be accompanied by an adult.
- Max weight 114kg (18st).
- Min height 1.4m (4ft 6").
- This experience is not suitable for those suffering from high blood pressure, any heart conditions, epilepsy or back or neck problems.

Locations

- Carmarthenshire (Llanelli)
- Cheshire (Macclesfield)
- Cornwall (Truro)
- Gloucestershire (Cheltenham)
- Hertfordshire (Ware)
- Monmouthshire (Chepstow)
- Northumberland (Stocksfield)
- Staffordshire (Tamworth)
- West Sussex (Forest Row)





SEGWAY RALLY FORTWO

Riding a segway is like no other form of transport; its direction and speed is totally controlled by the movement of your body. Lean forward to accelerate, backwards to reverse and lean left or right to change direction. Using the distribution of your body weight, navigate the practice course before taking on the off-road rally stage. These magnificent electric powered machines only require a small amount of energy to generate hours of fun.

When can you go?

Throughout the year on selected dates.

How long does the experience last?

Your session will last for approximately 1 hour.

You and how many others?

You will be in a group with other people.

Restrictions

- Min age 12, under 18s must be accompanied by an adult.
- Min weight 45kg (7st).
- Max weight 117kg (18½st).
- Riders must be able to make motions such as climbing and descending stairs without assistance and pregnant women cannot participate.

Locations

- Cheshire (Burwardsley)
- Hertfordshire (Markyate)
- London (Mill Hill)
- Norfolk (Attleborough)
- Northamptonshire (Daventry)
- Oxfordshire (Banbury)
- Staffordshire (Seighford)
- Warwickshire (Atherstone)

