

PATIENT INFORMATION LEAFLET

Boots NATURAL SENNA LAXATIVE *Tablets*

- ✓ **Effective relief of occasional constipation**
20, 60, 100

Read all of this carton for full instructions.

What this medicine is for

A natural effective laxative for the relief of occasional constipation.

Before you take this medicine

X Do not take:

- **If you are allergic** to any of the ingredients
- **If you are feeling sick** or being sick, have stomach pain or have a blockage in your intestine
- **For long periods of time** (in general more than a week), unless your doctor tells you to

! Talk to your pharmacist or doctor:

- If you are pregnant or breastfeeding

✓ **How to take this medicine**

Check the foil is not broken before use. If it is, do not take that tablet.

Swallow the tablets with a drink of water.

Do not give to children under 6 years.

Do not take more than the amount recommended.

Take once a day at bedtime.

If symptoms do not go away talk to your doctor.

Adults and children of 12 years and over: 2 tablets

Children aged 6 to 11 years: 1 tablet

Reduce the amount you take once your bowels become regular.

If symptoms do not go away talk to your doctor.

- ! If you take too many tablets:** Talk to a doctor straight away.

Possible side effects

Most people will not have problems, but some may get some.

If you take this medicine for a long time you may get:

- Watery diarrhoea (which may be severe), excessive fluid and body salts loss
- Changes in the bowel which may cause severe diarrhoea or constipation
- Muscle weakness, weight loss
- Red or yellow coloration of the faeces and urine
- Heart or kidney problems

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed on this carton. You can also report side effects directly via the yellow card scheme at: www.mhra.gov.uk/yellowcard. By reporting side effects you can help

provide more information on the safety of this medicine.

How to store this medicine

Do not store above 25°C. Store in the original package.

Keep all medicines out of the sight and reach of children.

Use by the date on the end flap of the carton.

Active ingredient

Each tablet contains Sennosides (total) 7.5 mg.

Also contains: maize starch, tricalcium phosphate, magnesium stearate.

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Manufactured for the Marketing Authorisation holder The Boots Company PLC Nottingham NG2 3AA by Famar SA Anthoussa Attiki 15344 Greece

If you need more advice ask your pharmacist.