

DIAREZE DIARRHOEA RELIEF

Loperamide Hydrochloride 2mg Capsules

This leaflet provides a summary of the information you should know before using this medicine. Please read it carefully. If you want to know more about your illness or this medicine, your pharmacist can help.

The name of your medicine is Diareze Diarrhoea Relief.

What is in this medicine?

This pack contains 6 capsules. Larger packs of 12 or 18 capsules are available from your pharmacist over the counter.

Each capsule contains Loperamide Hydrochloride 2 mg which is the active ingredient.

Each capsule also contains Lactose, Pregelatinised Maize Starch, Magnesium Stearate. Capsule (Gelatin. Includes: E124 Ponceau 4R, E132 Indigo Carmine, E171 Titanium Dioxide, E172 Yellow and Black Iron Oxides, Printing Ink: E172 Black Iron Oxide, Shellac, Soya Lecithin, Silicone).

What type of medicine is this?

This product belongs to a group of medicines called antidiarrhoeals which help to relieve the symptoms of sudden, short-term diarrhoea.

Who makes this medicine?

The manufacturer of the Produce Licence holder is The Boots Company PLC, Nottingham, NG2 3AA.

What is this medicine for?

This medicine is for the relief of acute diarrhoea in adults and children over 12 years of age. It works by making the stools more solid and less frequent.

Before taking this medicine.

These capsules can be taken by adults and children over the age of 12 years. However, some people should not take this medicine or should seek the advice of their pharmacist or doctor first.

Do not take this medicine if you are allergic to Loperamide Hydrochloride or any of the ingredients listed above.

Do not take this medicine if you have dysentery or are suffering from abdominal distension, inflammatory bowel disease, an acute attack of ulcerative colitis, pseudomembranous colitis or conditions where constipation should be avoided.

Do not take this medicine if you are pregnant.

Take to your doctor if you are breastfeeding.

Talk to your doctor if you suffer from liver problems.

The colouring agent, E124, used in this product, may cause allergic type reactions including asthma. This is more common in people who are sensitive to aspirin.

This medicine only treats the symptoms of diarrhoea and should not be taken for prolonged periods. Diarrhoea can cause the body to lose large amounts of fluids and salts. It is important to replace lost

fluids by drinking more than usual. Your pharmacist may recommend an oral rehydration treatment. Rehydration is particularly important for the frail and elderly.

This product and other medicines

This medicine is not expected to affect any other medicines which you may be taking.

How to take this medicine.

Check that the foil is not broken before each use. Discard the capsule if the foil is broken. These does should be swallowed whole with water.

| AGE | DOSAGE |
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| Adults, including the elderly, and children over 12 years. | 2 capsules initially, then 1 capsule after each loose motion up to a maximum of 6 capsules in 24 hours. The usual dose is 3-4 capsules daily. |

Do not take more than the dose recommended above.

Do not give to children under 12 years.

If symptoms do not go away within 24 hours, talk to your doctor.

What if you take too many?

If you take too many capsules, talk to a doctor straight away. Take your capsules with you.

Possible side effects.

This medicine can sometimes cause side effects such as stomach pain, nausea, vomiting, constipation, dry mouth, dizziness, tiredness and allergic reactions including skin rash (eg. nettle-rash). Very occasionally severe bloated stomach or stoppage of bowel activity have been reported.

If concerned, or if anything else unusual happens, talk to a pharmacist or doctor.

How do you store this medicine?

Do not store above 30°C. Store in the original package.

Keep these capsules in a safe place away from the sight and reach of children, preferably in a locked cupboard.

Do not use the capsules after the "use by" date on the carton.

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If you would like any further information on this produce, please contact The Boots Company PLC, Nottingham, NG2 3AA.