
Information for the user



Non Drowsy Hayfever and Allergy Relief 10 mg Tablets (Loratadine)

Read all of this leaflet carefully because it contains important information for you.

This medicine is available without prescription to treat minor conditions. However, you still need to take it carefully to get the best results from it.

- Keep this leaflet, you may need to read it again
- Ask your pharmacist if you need more information or advice

What this medicine is for

This medicine contains Loratadine which belongs to a group of medicines called antihistamines, which act to relieve the symptoms of allergies.

It can be used to relieve the symptoms of hayfever (e.g. sneezing, runny and itchy nose and eye irritation), year round runny and itchy nose and other allergies such as pet and dust allergies. It can also be used to treat raised, red itchy skin (symptoms of urticaria, which is often known as hives or nettle rash).

Before you take this medicine

This medicine can be taken by adults and children aged 12 years and over. However, some people should not take this medicine or should seek the advice of their pharmacist or doctor first.

X Do not take:

- **If you are allergic** to any of the ingredients
- **If you have an intolerance to some sugars**, unless your doctor tells you to (this medicine contains lactose)
- **If you are pregnant or breastfeeding**

If you take other medicines

Before you take these tablets, make sure that you tell your pharmacist about ANY other medicines you might be using at the same time, particularly the following:

- Cimetidine (for stomach problems)
- Erythromycin (for bacterial infections)
- Ketoconazole or fluconazole (for fungal infections)
- Quinidine (for heart problems)
- Fluoxetine (for depression)

If you are unsure about interactions with any other medicines, talk to your pharmacist. This includes medicines prescribed by your doctor and medicine you have bought for yourself, including herbal and homeopathic remedies.

✓ How to take this medicine

Check the foil is not broken before use. If it is, do not take that tablet.

Age	How many to take	How often to take it
Adults and children of 12 years and over	One tablet	Once a day

Swallow the tablet with a drink of water.

Do not give to children under 12 years.

Do not take more than the amount recommended above.

If symptoms do not go away talk to your pharmacist or doctor.

! If you take too many tablets: Talk to a doctor straight away. Go to your nearest hospital casualty department. Take your medicine and this leaflet with you.

Possible side effects

Most people will not have problems, but some may get some.

! If you get any of these serious side effects, stop taking the tablets. See a doctor at once:

- Difficulty in breathing, swelling of the face, neck, tongue or throat (severe allergic reactions)

These other effects are less serious. If they bother you talk to a pharmacist:

- Fatigue, feeling sick, headache
- Fast or irregular heart rate, fainting
- Hair loss, changes in your liver

If any side effect becomes severe, or you notice any side effect not listed here, please tell your pharmacist or doctor.

How to store this medicine

Keep this medicine in a safe place out of the sight and reach of children, preferably in a locked cupboard.

Use by the date on the end flap of the carton.

What is in this medicine

Each tablet contains Loratadine 10 mg, which is the active ingredient.

As well as the active ingredient, the tablets also contain lactose, maize starch, pregelatinised starch, magnesium stearate.

The pack contains 30 white oval tablets.

Who makes this medicine

Manufactured for The Boots Company PLC Nottingham NG2 3AA by the Marketing Authorisation holder Approved Prescription Services Ltd Eastbourne BN22 9AG

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If you would like any further information about this medicine, please contact The Boots Company PLC Nottingham NG2 3AA.

Component code