

PATIENT INFORMATION LEAFLET

Boots CYSTITIS *Relief* Sodium Citrate

CRANBERRY FLAVOUR

Effective relief of the symptoms of cystitis
48 hour complete course
6 SACHETS

Read all of this carton for full instructions.

What this medicine is for

This medicine contains Sodium Citrate which relieves the symptoms of cystitis in women by making the urine less acidic.

Before you take this medicine

X Do not take:

- If you are allergic to any of the ingredients
- If you have diabetes, heart disease, high blood pressure
- If you have kidney disease or have had it
- If you are on a low salt (sodium) diet (each sachet contains 939 mg of sodium)
- If you have an intolerance to some sugars, unless your doctor tells you to (this medicine contains sucrose)
- If you are pregnant or breastfeeding

✓ How to take this medicine

Check the sachet is not broken before use. If it is, do not take that sachet.

Dissolve the contents of the sachet in a glass of water and drink the solution.

Age	How many to take	How often to take
Adult women	One sachet dissolved in water	Three times a day for 2 days
Men and children: Not recommended		

You should complete the 2 day course of 6 sachets.

Do not take more than the amount recommended above.

If symptoms do not go away within 2 days talk to your doctor.

If you take too many sachets: Talk to a doctor.

Possible side effects

This medicine is not expected to cause side effects.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the

Yellow Card Scheme at: www.mhra.gov.uk/yellowcard. By reporting side effects you can help provide more information on the safety of this medicine.

How to store this medicine

Do not store above 25°C.

Store in a dry place.

Keep all medicines out of the sight and reach of children.

Use by the date on the end flap of the carton.

Active ingredient

Each sachet of granules contains Sodium Citrate Dihydrate 4 g.

Also contains: sucrose, colloidal silicon dioxide, saccharin sodium, cranberry flavour.

PL 12063/0045

Text prepared 06/15

Manufactured for The Boots Company PLC Nottingham NG2 3AA by the Marketing Authorisation holder Wrafton Laboratories Limited Braunton Devon EX33 2DL

If you need more advice ask your pharmacist.

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