



INDICATIONS:

STÉRIMAR™ Stop & Protect Cold and Sinus Relief.

It is a hypertonic* solution with 100% natural sea water, rich in minerals salts and marine trace elements, with added **copper, which may help to prevent infections and cleansing essential oil of eucalyptus (globulus)**, to quickly and effectively combat the symptoms of a cold.

Preservative free medical device.

Its action brings rapid relief:

STÉRIMAR™ Stop & Protect Cold and Sinus Relief rapidly decongests and soothes the nasal passages, clears mucous and fights infection.

Provides protection against secondary infections thanks to its exclusive patented complex based on ingredients of natural origin

STÉRIMAR™ Stop & Protect Cold and Sinus Relief encapsulates, inactivates and rapidly helps neutralise viruses and bacteria and fights their proliferation. It also strengthens the barrier function of the mucosa by forming a protective film against new attacks.

With a clean and unblocked nose, you will finally feel relieved and refreshed. You will quickly experience the ease of breathing freely.

☑ Anti-contamination bottle:

The anti-reflux valve system prevents contamination of the solution, even after the bottle has been opened, which means the formula remains 100% uncontaminated.

The practical 20ml format pops easily into your pocket, giving you rapid relief whenever you need it - wherever you are.

For the optimum treatment of a cold, we recommend that you wash your nose out regularly throughout the day and before spraying **STÉRIMAR™ Stop & Protect Cold and Sinus Relief**.

STÉRIMAR™ congestion relief is enriched with added **copper** and is a medical device for cleaning and decongesting the nose. It enhances the action of **STÉRIMAR™ Cold and Sinus relief** and helps to fight the development of bacteria by preventing the appearance of new cold infections.

COMPOSITION:

STÉRIMAR™ Stop & Protect Cold and Sinus Relief is a hypertonic* solution made of filtered sea water which is 100% natural and free from preservatives, is rich in mineral salts and marine trace elements and has added copper, known to combat and prevent infection and essential oil of eucalyptus (*globulus*).

**Hypertonic solution: a solution with a salt concentration which is greater than the salt content of the cells in our bodies, making it possible to naturally and actively decongest the nose ("osmosis effect").*

RECOMMENDATIONS FOR USE:

- Blow your nose, one nostril at a time.
- Shake the bottle before use.
- Remove the protective cover.
- At first use and if necessary, perform at least one to three spray(s) to start the system, with the bottle upright and spray with the tip facing upwards.
- Hold the bottle upright and insert the tip into the nostril, head tilted slightly to the side of the nostril being sprayed.

- Spray twice, gently inhaling the second spray.
- Repeat the procedure in the other nostril.
- Leave the solution to act for a few minutes without wiping your nose.
- Allow excess solution to drain, then blow if necessary.
- Clean the tip in soapy water, rinse and dry before replacing the protective cap.

DOSAGE:

Use **STÉRIMAR™ Stop & Protect Cold and Sinus Relief** at the first signs of a cold, rhinitis or sinusitis.

2 sprays into each nostril, up to six times a day. 120 sprays.

Suitable for pregnant women, breastfeeding mothers and children from 3 years.

Not recommended in case of any hyper sensitivity to one of the components.

PRECAUTIONS FOR USE:

If in doubt, ask your pharmacist or consult your doctor or an ENT specialist.

Store at room temperature.

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What is rhinopharyngitis, more commonly known as a cold?

Rhinopharyngitis is a benign viral infection of the upper airways (nasal cavity, throat, sinuses) which mainly affects the nasal areas of the respiratory mucosa. More than 200 different types of virus can cause rhinopharyngitis, with rhinoviruses and corona viruses as the main culprits.

During a cold, viruses attack the mucosa of the nose and throat, causing inflammation of these areas. As a result, the irritated mucous membranes swell up, producing more mucous, with the risk of a bacterial secondary infection.

A cold is contagious and is generally transmitted by contact with the hands or through the air (sneezing and coughing).

What are the symptoms of rhinopharyngitis?

- Rhinopharyngitis usually starts with:
- the feeling of a blocked nose (nasal congestion);
 - a runny nose;
 - sneezing;
 - a sore throat and/or a cough;
 - a general feeling of being unwell.