

PATIENT INFORMATION LEAFLET

GAVISCON DOUBLE ACTION LIQUID

Sodium alginate
Sodium bicarbonate
Calcium carbonate

Please read this leaflet carefully before you take this medicine. If you are not sure about anything ask your pharmacist or doctor.

What is Gaviscon Double Action Liquid and what is it used for?

Gaviscon Double Action Liquid is a combination of two antacids (calcium carbonate and sodium bicarbonate) and an alginate and works in two ways:
1) Neutralising excess stomach acid to relieve the pain and discomfort.

2) Forming a protective barrier over the stomach contents to soothe the burning pain in your chest.
Gaviscon Double Action Liquid is used for the treatment of symptoms of gastro-oesophageal reflux such as acid regurgitation, heartburn and indigestion, which may occur for example following meals or during pregnancy and for symptoms of excess stomach acidity (hyperacidity).

Before taking Gaviscon Double Action Liquid:

Do not take this product if:

- You know you are allergic to any of the ingredients as very rarely difficulty in breathing and skin rashes have occurred (see further information for a full list).

Take special care before treatment with Gaviscon Double Action Liquid:

This medicine contains small amounts of sodium (11.06mmol per 20ml) and calcium (6.5 mmol per 20ml). If you have been advised to follow a diet restricted in any of these please consult your doctor.

You can take this product if you are pregnant or breast feeding.

This product contains methyl (E218) and propyl (E216) parahydroxybenzoates which may cause allergic reactions (possibly delayed)

How to take Gaviscon Double Action Liquid:

For oral use. Shake well before use.

XXXXXXX

Adults and children over 12 years: Take 10-20ml (two to four 5ml spoonfuls) after meals and at bedtime, up to four times a day. **Children under 12 years:** Should only be taken on medical advice. If you take too much of this product you may feel bloated. It is unlikely to cause you any harm, but please consult your doctor or pharmacist. If you forget a dose it is not necessary to double the dose next time, just carry on taking as before.

After taking Gaviscon Double Action Liquid;

If symptoms persist after 7 days consult your doctor

Possible side effects:

Very rare (less than 1 in 10,000) chance of an allergic reaction to the ingredients.

Symptoms of this may include skin rash, itching, difficulty breathing, dizziness, or swelling of the face, lips, tongue or throat. If you experience these or any other side-effects stop taking the product and consult your doctor immediately.

Storing your medicine:

Do not use this product after the expiry date (EXP: month/year) shown • Use within 6 months of opening • Keep out of the reach and sight of children • Do not store above 30°C. Do not refrigerate or freeze • Check that the cap seal is unbroken before first using this product.

Further information:

Each 10 ml of oral suspension contains 500mg sodium alginate, 213mg sodium

bicarbonate and 325mg calcium carbonate as the active ingredients.

The other ingredients are carbomer, methyl (E218) and propyl (E216), parahydroxybenzoates, sodium saccharin, peppermint flavour, sodium hydroxide, and water. This product does not contain sugar or gluten. Gaviscon Double Action Liquid is available in bottles of 150ml & 300ml.

Manufacturer and PL Holder in UK: Reckitt Benckiser Healthcare (UK) Ltd., Hull, HU8 7DS. Export distributors: Reckitt & Colman (Overseas) Ltd., Hull, HU8 7DS, UK. Gaviscon and the sword and circle are trade marks.

Text Revised: March 2009

XXXXXXX