



LAMISIL AT 1% SPRAY

Fungal infections of the skin are common, and can cause real discomfort. **LAMISIL AT 1% Spray** has been developed to treat the fungal infections described below. By following the instructions carefully, you will need to use the medicine for one week only.

Please read this leaflet carefully, and keep it until you have finished your medicine. If you need any other advice please ask your doctor or pharmacist.

WHAT IS LAMISIL AT 1% SPRAY?

LAMISIL AT 1% Spray is a spray solution containing 1.0% by weight of the active ingredient terbinafine hydrochloride. It is a cutaneous spray, i.e. it is sprayed onto the skin. The spray solution also contains water, ethanol, propylene glycol and cetomacrogol 1000.

LAMISIL AT 1% Spray is available in bottles of 15 ml with a spray pump.

Product licence holder:

Novartis Consumer Health, Horsham, RH12 5AB

Manufactured by:

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WHAT IS THIS MEDICINE FOR?

LAMISIL AT 1% Spray is an antifungal, and works by killing the fungi causing your skin problem. **LAMISIL AT 1% Spray** is used to treat the skin problems caused by fungi in athlete's foot (tinea pedis) and double titch/lock titch (tinea cruris).

HOW DO YOU KNOW THAT YOU HAVE ONE OF THE ABOVE PROBLEMS?

Athlete's foot (tinea pedis): Athlete's foot appears only on the feet (usually both, but not always), where it often appears in between the toes. It can also appear on the instep, soles, or other areas of the feet. The most common type of athlete's foot causes cracking or scaling of the skin, but you may also have mild swelling, blisters, or weeping ulcers. **LAMISIL AT 1% Spray** is recommended for athlete's foot when it occurs between the toes. If you have a fungal nail infection (fungus inside and under the nail), with discoloration of the nails and changes in nail texture (thick or flaky), you should consult your doctor because **LAMISIL AT 1% Spray** is not appropriate for this type of infection.

Double titch (tinea cruris): Double titch appears in the groin and inner thigh area, usually on both sides but often with one side more than the other, where it can be spread further between the legs to the buttocks, or up towards the stomach. Double titch looks like a clearly bordered rash, which may have blisters.

If you are not sure about the cause of your infection, please talk to your doctor or pharmacist before using the spray and they will advise you.

BEFORE USING THIS MEDICINE

Read the following information before you use **LAMISIL AT 1% Spray**.

Do not use **LAMISIL AT 1% Spray**

- if you suspect that you have had an allergic reaction to, or have been upset by any of the ingredients in this medicine (listed in What is **LAMISIL AT 1% Spray**?).

Tell your doctor or pharmacist if the above applies because **LAMISIL AT 1% Spray is not suitable for you in these circumstances.**

Take special care with **LAMISIL AT 1% Spray** **LAMISIL AT 1% Spray** is for external use only.



Avoid contact of the spray solution with your face and eyes. If the spray accidentally gets into your eyes, rinse eyes thoroughly with running water and consult a doctor if symptoms persist. Avoid application to damaged skin where alcohol could cause stinging or irritation. Avoid inhalation: if spray is accidentally inhaled, consult your doctor if any symptoms occur or persist.

If you are pregnant or breast-feeding
If you are pregnant ask your doctor before using this medicine. Do not use if you are breast-feeding.

LAMISIL AT 1% Spray and children
LAMISIL AT 1% Spray is not recommended for children under 16 years of age.

Taking other medicines
Do not apply other medicinal products on the treated areas.

HOW SHOULD YOU USE THIS MEDICINE?

LAMISIL AT 1% Spray is for external use only:

- Clean and dry the area to be treated, and wash your hands.
 - Remove the cap from the spray bottle and before using for the first time, press the pump a few times until you achieve an even spray.
 - Spray enough of the solution from a distance of 5 to 10 cm to thoroughly wet the affected skin and surrounding areas.
 - Replace the cap on the spray bottle.
 - Wash your hands after touching the infected skin so that you do not spread the infection on yourself and others.
- When used between the toes or buttocks, or on the groin, the treated area may be covered with a gauze strip, especially at night. If you do use gauze, use a fresh clean strip each time.

WHEN TO USE LAMISIL AT 1% SPRAY?

The spray should be applied to the affected areas once a day, for one week.

You should not stop using the spray before the recommended time as this may allow the infection to return or reduce the successful cure rate.



LAMISIL AT 1% Spray should start to improve your skin condition in a few days, although full skin healing after the infection has cleared will take longer, up to 4 weeks, because of damage caused during infection.

You should not continue using the spray after the one-week treatment period. Even though you will not be using the spray during the second week, improvement should continue.

If you have not noticed any signs of improvement within 2 weeks of first starting treatment, please see your doctor or pharmacist who will advise you.

TO HELP WITH TREATMENT

Treatment can be helped by keeping the affected area clean by regular washing, and careful drying without rubbing. Scratching the area, although it may be itchy, could cause further damage and slow the healing process or spread the infection.

Because these infections can be passed on to other people, it is helpful to keep your own towel and clothes, which are not shared by others. To protect yourself from re-infection, these should be washed frequently.

WHAT IF YOU ACCIDENTALLY SWALLOW SOME OF THE SPRAY?

If **LAMISIL AT 1% Spray** is accidentally swallowed, please tell your doctor who will advise you, or go to your nearest Casualty Department.

WHAT IF YOU FORGET TO USE THE SPRAY?

If you forget an application, apply it as soon as possible and then carry on as normal. If you only remember at the time of the next application, just apply that application and then carry on as normal. It is important to try to use the spray at the correct times as missing applications could risk the infection returning.

ARE THERE ANY SIDE EFFECTS?

All medicines can cause problems in some people, and it is important to note the following:

LAMISIL AT 1% Spray can occasionally cause redness, stinging or itching after use. These effects are harmless and usually you can continue with the treatment.

In rare instances people may be allergic to **LAMISIL AT 1% Spray** which could cause swelling and pain, blistering, skin rash, hives or a worsening of itch. If you experience any of these particular symptoms, stop using the spray and tell your doctor or pharmacist immediately.

If you notice any unusual effects after using the spray, it is important that you tell your doctor or pharmacist.

STORING YOUR MEDICINE

Keep out of reach and sight of children.

Keep the spray bottle closed and in the carton.

Do not store above 30°C. Do not refrigerate.

Do not use or keep this medicine after Use by (EXP)

date shown on the box and on the container.

LEAFLET PREPARED

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