



## Teething Pain Relief (Chamomilla recutita 6c)

**Please read all of this leaflet carefully before giving this medicine, it contains important information.**

**Please keep this leaflet; you might need to read it again.**

### 1. What is this medicine for

This medicine is a homeopathic medicinal product used within the homeopathic tradition for the symptomatic relief of teething pain and the symptoms associated with teething which are sore & tender gums, flushed cheeks and dribbling.

### 2. Before giving this medicine

- This medicine may not be suitable for some babies. Ask your doctor or pharmacist before giving it to the baby if you are not sure.
- Do not give this medicine to the baby if he/she is allergic to any of the ingredients, see section 6.
- This product contains lactose. If you have been told by your doctor that your baby has an intolerance to some sugars, consult your doctor before using this medicine.
- If the baby is being given any other medicines including medicines prescribed by your doctor, or any medicines you have bought for them, talk to your doctor or pharmacist before giving them this medicine.

### 3. How to use this medicine

**For oral use**

**For babies from 3 months old**

**Directions**

- **Detach one sachet from strip of 4.**

Babies 3-6 months

With the baby in an upright or sitting position

Use a spoon

Slowly give the baby half a sachet at a time into the front of the baby's mouth. Check the granules have fully dissolved before giving the remaining half

Babies over 6 months

With the baby in a an upright or sitting position

Slowly pour the contents of the sachet into the front of the baby's mouth a little at a time. Alternatively use a spoon. Ensure the granules fully dissolve in the baby's mouth.

- Use one sachet every 2 hours for a maximum of 6 doses during any 24 hour period.
- Consult a doctor or qualified healthcare practitioner if the symptoms worsen or persist for more than 7 days or if any side effects occur.
- **Do not** use more sachets than the label/leaflet tells you to.
- **If you forget to give this medicine to the baby**, continue with the usual dose at the usual time. It does not matter if you have missed a dose.
- Do not give a double dose to make up for a missed dose.
- **If you accidentally give the baby too much** consult your doctor or pharmacist as

soon as possible.

#### **4. Possible side effects**

This medicine is not expected to cause any side effects. However, consult a doctor or qualified healthcare practitioner if the symptoms worsen, or persist for more than 7 days or if any side effects occur.

#### **Reporting of side effects**

If the baby gets any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the yellow card scheme at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard). By reporting side effects you can help provide more information on the safety of this medicine.

#### **5. How to store this medicine**

- Keep all medicines out of reach and sight of children.
- Do not store above 25°C. Store in the original packaging.
- Do not use after expiry date shown on the carton and sachet.
- Return any unused medicine to your pharmacist for safe disposal.

#### **6. Further information**

##### **What is in this medicine.**

**Active ingredient.** Each 300mg granules in a sachet contain: Chamomilla recutita 6c

**Also contains** Lactose monohydrate, Xylitol, Starch and Pregelatinised maize starch.

##### **What does this medicine look like**

Boots Teething Pain Relief contains fine white to off-white granules in a sachet.

There are 24 sachets in a box.

Manufactured for The Boots Company PLC Nottingham NG2 3AA by the National Rules authorisation holder A Nelson & Co Limited 5-9 Endeavour Way Wimbledon London SW19 8UH, UK.

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If you would like any further information about this medicine, please contact The Boots Company PLC Nottingham NG2 3AA.

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##### **Useful Health Tips**

Babies like to chew on something hard when teething, e.g. crusts of bread or cleaned raw carrot (but do not give them sugary foods which may cause dental decay). However, make sure you stay with the child to ensure that they do not choke.

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