



HEARTBURN RELIEF PEPPERMINT FLAVOUR

Calcium Carbonate, Sodium Alginate, Sodium Bicarbonate

PATIENT INFORMATION LEAFLET

✓ **Fast and effective relief of heartburn and indigestion**

150 ml e

Read this label for full instructions.

Uses: A sugar free antacid for the relief of heartburn in pregnancy and other conditions which cause acid reflux.

Before you take this medicine

X Do not take:

- **If you are allergic** to any of the ingredients

! Talk to your pharmacist or doctor:

- If you are on a low salt (sodium) diet (each 5 ml spoonful contains about 73 mg of sodium)
- If you take other medicines
 - ACE inhibitors (for high blood pressure)
 - Quinidine (for heart problems)
 - Medicines to treat infections or malaria
 - Lithium (for mood disorders)
 - Antipsychotics (for mental health conditions)
 - Medicines for epilepsy
 - Medicines for osteoporosis, pain or rheumatoid arthritis

Do not take this medicine within 1 to 2 hours of taking any other medicine.

E214 & E216 may cause allergic reactions such as skin rash (possibly delayed).

✓ **How to take this medicine**

Shake the bottle well before use.

Swallow this medicine after meals and at bedtime.

Adults and children of 12 years and over: Take two to four 5 ml spoonfuls.

Children of 6 to 11 years: Take one or two 5 ml spoonfuls.

Do not give to children under 6 years.

Do not take more than the amount recommended above.

If symptoms do not go away within 2 weeks talk to your doctor.

If you take too much: You may get a bloated stomach. If this happens talk to your pharmacist or doctor.

Possible side effects

Most people will not have problems, but some may get:

- Constipation, wind, stomach cramps, burping

Reporting of side effects: If you get any side effects, talk to your doctor, pharmacist or

nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard. By reporting side effects you can help provide more information on the safety of this medicine.

Do not store above 25°C. Do not refrigerate.

Keep all medicines out of the sight and reach of children.

Active ingredients: Each 5 ml of oral suspension contains Calcium Carbonate 80 mg, Sodium Alginate 250 mg, Sodium Bicarbonate 133.5 mg. Also contains: carbomer, sodium hydroxide, saccharin sodium, ethyl parahydroxybenzoate (E214), propyl parahydroxybenzoate (E216), butyl parahydroxybenzoate, isopropyl alcohol, peppermint oil, purified water.

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Manufactured for The Boots Company PLC Nottingham NG2 3AA by the MA holder Pinewood Laboratories Limited Ballymacarbry Clonmel Co. Tipperary Ireland

Use by the date below

Lot:

Bar code

Item code

Component code

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