

PATIENT INFORMATION LEAFLET



Children's Vapour Rub

Eucalyptus, Levomenthol, Racemic Camphor

- ✓ Clears congestion and stuffy noses
- ✓ Eases colds
- ✓ Helps breathing

Read all of this carton for full instructions.

What this medicine is for

This medicine contains a combination of volatile oils for effective cold relief. It can be used to clear congestion, blocked noses and coughs due to colds.

Before you use this medicine

X Do not use:

- If your child is under 2 years
- Around the nostrils, mouth, eyes or face
- On broken skin or wounds
- If your child is allergic to any of the ingredients

Information for adults intending to use this medicine:

Talk to your pharmacist or doctor if you are pregnant.
Do not use on the chest area if you are breastfeeding.

✓ How to use this medicine

Check the seal is not broken before first use. If it is, do not use the medicine.

For use on the skin only.

Age	How much to use	How often to use
Children of 2 years and over and adults	Apply a small amount to the chest and back (for older children and adults use a moderate amount)	When you need to but particularly at bedtime
Rub gently and leave clothes loose to allow vapours to be inhaled easily		

Do not use on children under 2 years.

If your child's symptoms do not go away talk to your pharmacist or doctor.

- ! If someone accidentally swallows some:** Go to your nearest hospital casualty department straight away. Take this medicine with you. Do not try to make them sick.

Possible side effects

Most people will not have problems, but some may get some of these:

- Occasionally, an allergic skin reaction (skin rash, red, itchy skin)
- Irritation of the skin

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed on this carton. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard. By reporting side effects you can help provide more information on the safety of this medicine.

How to store this medicine

Do not store above 25°C.

Keep all medicines out of the sight and reach of children.

Use by the date on the side panel of the carton.

Active ingredients

This ointment contains Eucalyptus Oil 1.5% w/w, Levomenthol 1% w/w, Racemic Camphor 6% w/w.

Also contains: white soft paraffin.

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Text prepared 10/16

Manufactured by BCM Ltd Nottingham NG2 3AA for the MAH:

The Boots Company PLC Nottingham NG2 3AA

If you need more advice ask your pharmacist.

Lot/Use By:

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