

Package leaflet: Information for the user



DERMA CARE 1% w/w cream

(Hydrocortisone)

Read all of this leaflet carefully because it contains important information for you.

This medicine is available without prescription to treat minor conditions. However, you still need to use it carefully to get the best results from it.

- Keep this leaflet, you may need to read it again
- If you have any further questions, ask your doctor or pharmacist
- You must contact a doctor if your symptoms worsen or do not improve after 7 days
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in the leaflet. See section 4

What is in this leaflet

1. What Derma care Cream is and what it is used for
2. What you need to know before you use Derma care Cream
3. How to use Derma care Cream
4. Possible side effects
5. How to store Derma care Cream
6. Contents of the pack and other information

1. What Derma care Cream is and what it is used for

This medicine contains Hydrocortisone, which belongs to a group of medicines called corticosteroids, which act to relieve pain and swelling.

It can be used to treat mild to moderate eczema, allergic contact dermatitis (e.g. reactions to plants, jewellery), irritant contact dermatitis (e.g. reactions to detergents) and relieve red, swollen, itchy skin caused by insect bites.

Corticosteroid creams, ointments and other topical preparations come in four different strengths. These are known as mild, moderately potent, potent or very potent. Healthcare professionals will usually refer to topical corticosteroid potency rather than strength. A potent corticosteroid has a much stronger effect than a mild corticosteroid. Be aware the percentage of active ingredient that is sometimes included on product packaging does not indicate potency. Derma care Cream is classed as a weak corticosteroid.

2. What you need to know before you use Derma care Cream

This medicine can be used by adults and children of 10 years and over. However, some people should not use this medicine or should seek the advice of their pharmacist or doctor first.

X Do not use Derma care Cream:

- **If you are allergic** to hydrocortisone or any other ingredients in this medicine (listed in section 6)
- **On broken or infected skin** such as impetigo, cold sores, acne, athlete's foot, ringworm or thrush
- **On the face or near your eyes**
- **On the anal or genital areas**
- **If you are pregnant**, unless your doctor tells you to

! Talk to your pharmacist or doctor:

- If you have psoriasis (dry, scaly skin) or other serious skin conditions
- If you are breastfeeding
- If your condition worsens during use consult a pharmacist or doctor - you may be experiencing an allergic reaction, have an infection or your condition requires a different treatment.
- If you experience a recurrence of your condition shortly after stopping treatment, within 2 weeks, do not restart using the cream/ointment without consulting a pharmacist or doctor. If your condition has resolved and on recurrence the redness extends beyond the initial treatment area and you experience a burning sensation, please seek medical advice before restarting treatment.

Derma care Cream contains chlorocresol and cetostearyl alcohol

Cetostearyl alcohol (contained in cetomacrogol emulsifying wax) may cause local skin reactions (e.g. contact dermatitis). Chlorocresol may cause allergic reactions.

Other medicines and Derma care Cream

This cream is not expected to affect any other medicines that you may be taking or using.

If you are unsure about interactions with any medicines, talk to your pharmacist. This includes medicines prescribed by your doctor and medicine you have bought for yourself, including herbal and homeopathic remedies.

3. How to use Derma care Cream

Check the tube seal is not broken before first use. If it is, do not use the cream.

Pierce tube seal with end of cap. Wash your hands thoroughly before and after use.

Age	How much to use	How often to use it
Adults and children of 10 years and over	A very small amount on the affected area	Once or twice a day for a maximum of 7 days

Apply to the skin only.

Do not apply plasters or dressings over the cream.

Do not use on children under 10 years, unless your doctor tells you to.

Do not use more than the amount recommended.

Do not use this medicine for more than 7 days.

If symptoms worsen or do not go away within 7 days, talk to your doctor.

If anyone accidentally swallows some of the cream, rinse out the mouth and talk to a pharmacist or doctor.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

! If you get any of these serious side effects, stop using the cream. See a doctor at once if severe:

- Difficulty in breathing, swelling of the face, neck, tongue or throat (severe allergic reactions)
- Skin rash, red or itchy skin, worsening of the condition you are treating
- Steroid withdrawal reaction: If used continuously for prolonged periods a withdrawal reaction may occur on stopping treatment with some or all of the following features: redness of the skin which can extend beyond the initial area treated, a burning or stinging sensation, intense itching, peeling of the skin, oozing open sores.

These other effects are less serious. If they bother you talk to a pharmacist:

- Stretch marks or streaks on the skin especially in skin folds (e.g. groin, armpits)

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card on the Google Play or Apple App Store. By reporting side effects, you can help provide more information on the safety of this medicine.

5. How to store Derma care Cream

Do not store above 25°C.

Keep this medicine in a safe place out of the sight and reach of children, preferably in a locked cupboard.

Use by the date on the end flap of the carton or on the tube edge. After this date return any unused product to your nearest pharmacy for safe disposal.

6. Contents of the pack and other information**What Derma care Cream contains**

This cream contains Hydrocortisone 1% w/w, which is the active ingredient.

As well as the active ingredient, the cream also contains purified water, white soft paraffin, cetomacrogol emulsifying wax, liquid paraffin, macrogol 300, chlorocresol.

The pack contains 15 g of smooth white cream.

Marketing Authorisation Holder and Manufacturer

Manufactured for The Boots Company PLC Nottingham NG2 3AA by the Marketing Authorisation holder Pinewood Laboratories Ltd Ballymacarbry Clonmel Co. Tipperary Ireland
This leaflet was last revised in August 2023.

If you would like any further information about this medicine, please contact
The Boots Company PLC Nottingham NG2 3AA.

Other formats

To request a copy of this leaflet in Braille, large print or audio please call, free of charge:

0800 198 5000 (UK only)

Please be ready to give the following information:

Product name: Boots Derma care 1% w/w Cream

Reference number: 04917/0019

This is a service provided by the Royal National Institute of Blind People.

Artwork reference: 23LF02035PW